

Agency in Cultural Elderly Care

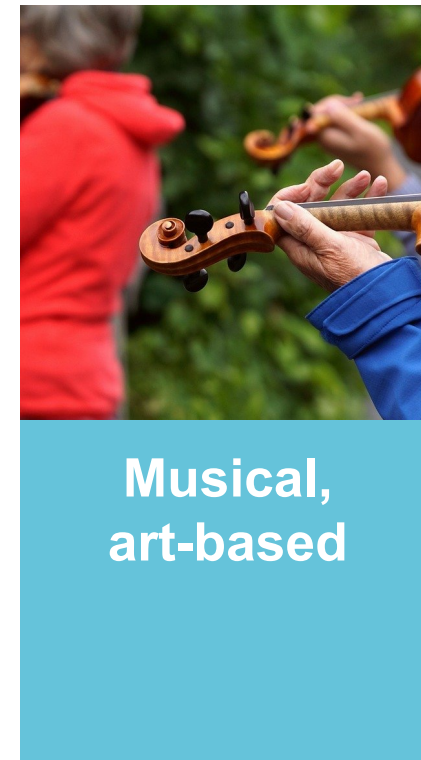
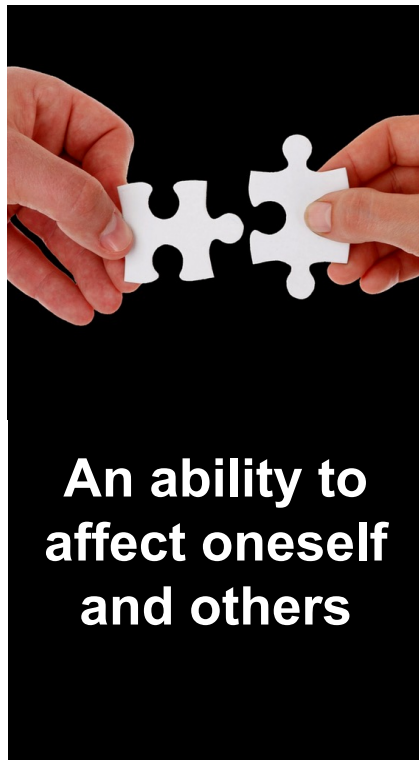
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CREATIVE AGING: Approaches to cultural participation in later life 10/6/2022

Basics of the study

- × **Pre-assumptions of the study**
 - × **Every person is a cultural, creative, aesthetic and expressive agent**
 - × **Culture and arts support the health and wellbeing of the individual and community involved in it.**
- × **As an applied ethnomusicologist I studied human agency in cultural elderly care from four different starting points:**
 - × **1) the music professional (myself)**
 - × **2) the elderly**
 - × **3) the care workers**
 - × **4) the immediate superiors in the elderly care system**
- × **The research data was produced by means of developing ethnography as part of the co-development processes of the Music Motors and the Cultural Rehabilitators programs.**
- × **The study especially relied on the definitions of agency by music educator Sidsel Karlsen (2011) and social gerontologist Jyrki Jyrkämä (2008)**

What is human agency like?



Music Motors

- × **Music group in a senior services center**
 - × **Started in 2012-**
 - × **Clients interested in music were trained and encouraged to become peer leaders for the music activities of the center.**
 - × **The aim was to increase the clients' possibilities to affect the music activities and to guide the clients and the employees to actualize something musical together without music professionals.**
 - × **The network of the health-care personnel and the relatives supported the elderly as peer-leaders.**



Cultural Rehabilitators

Further training for the practical nurses and social advisors working with the elderly and the people with disabilities

Training art-based methods to strengthen the art-based agency of the employees

The training was carried out in Sastamala, Finland in 2012-2013 and again in 2016-2017

In collaboration of the municipality, the local community college, a vocational school, and the social and health care services.

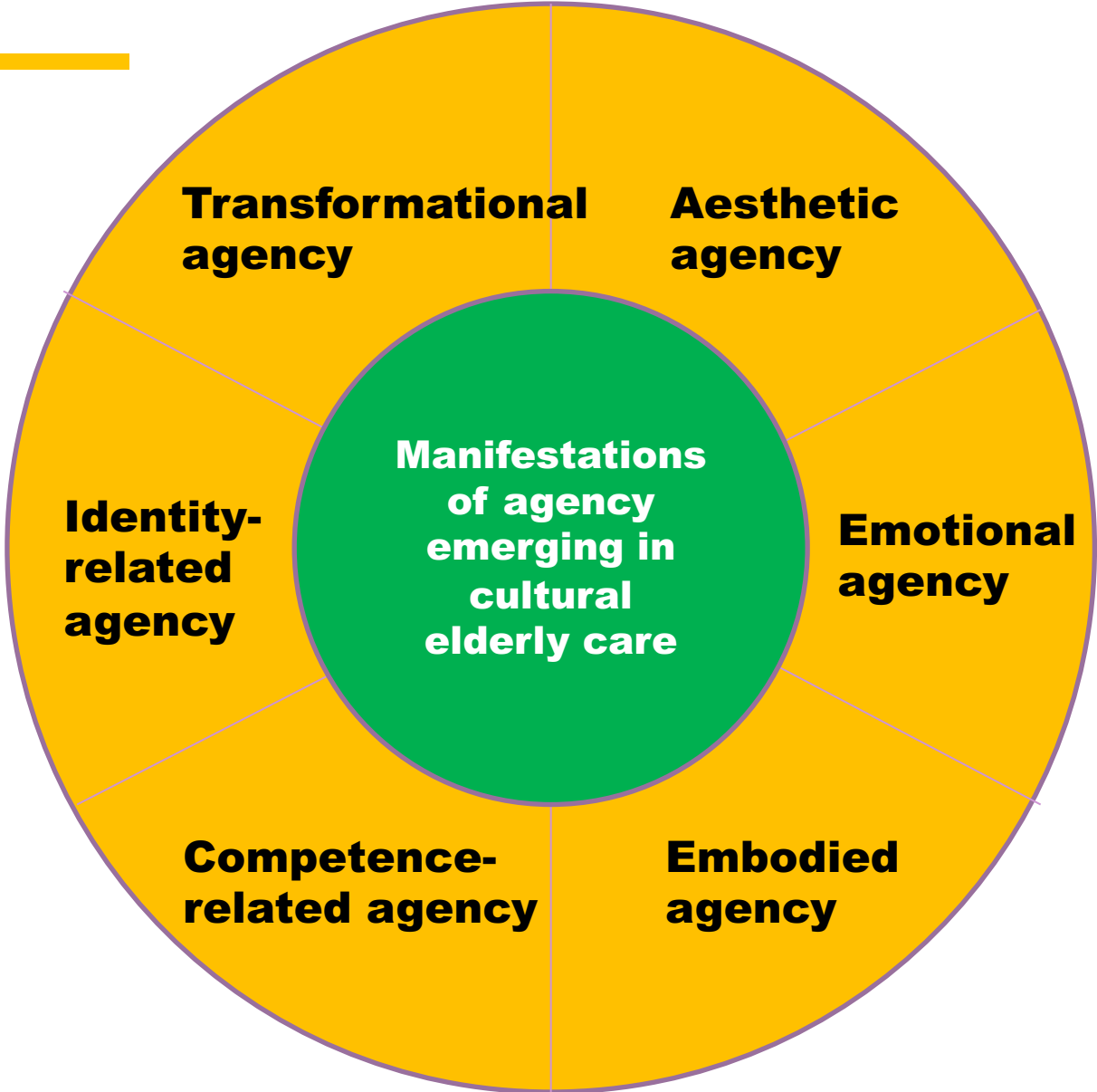


Results of the dissertation:



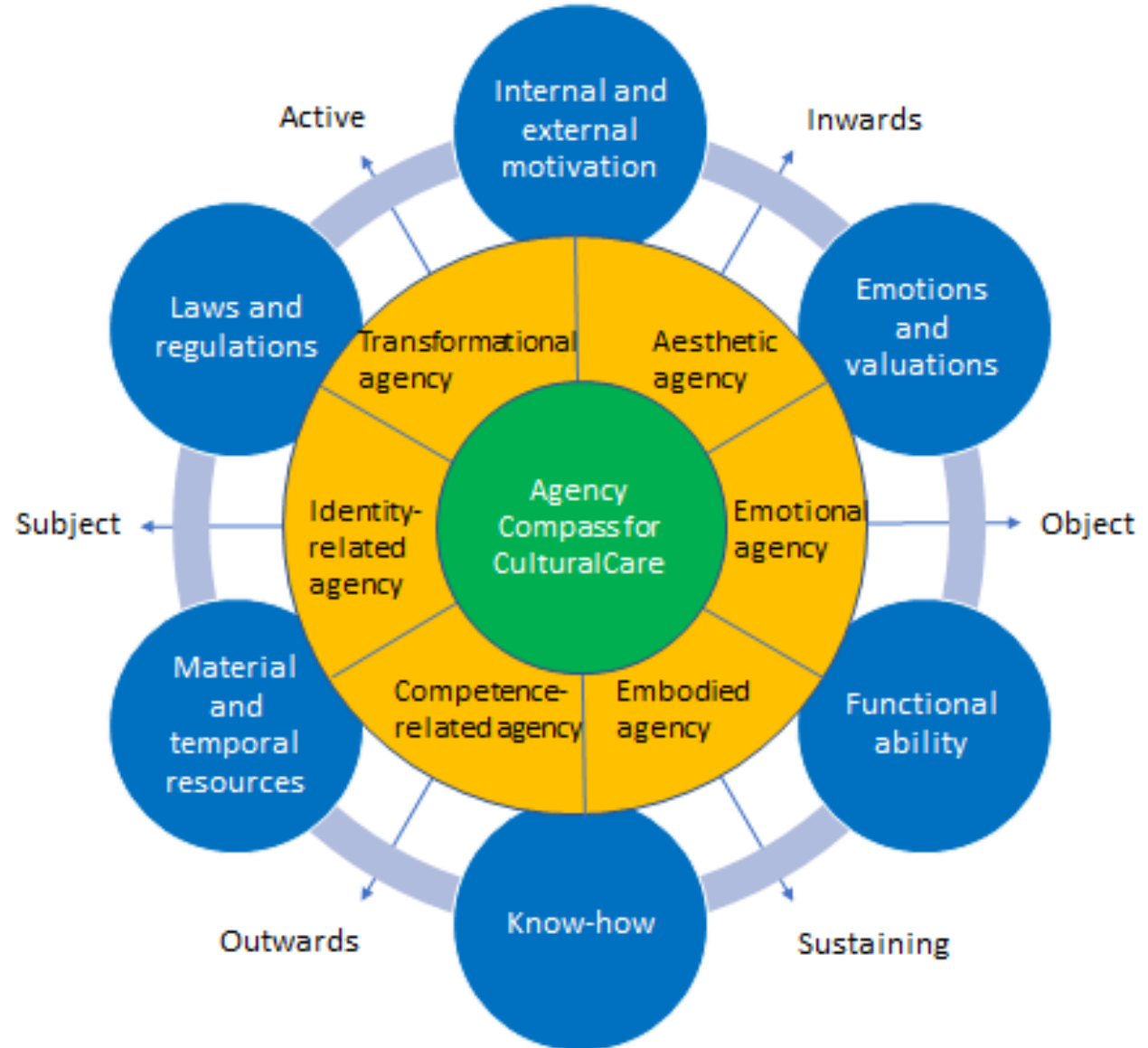
How did the persons influence the everyday life of elderly care through music and other cultural activities?

What kind of factors enabled and restricted the development of the agency in cultural elderly care?





Agency Compass for Cultural Care as a tool for reflective evaluation



References

- ✘ Jyrkämä, Jyrki (2008) Toimijuus, ikääntyminen ja arkielämä. Hahmottelua teorettismetodologiseksi viitekehikseksi. *Gerontologia* 22/4, 190–203.
- ✘ Karlsen, Sidsel (2011) Using Musical Agency as a Lens. Researching Music Education from the Angle of Experience. *Research Studies in Music Education* 33/2, 107–121.
- ✘ Tähti, Taru (2022) *Pienet teot, suuri hurma. Toimijuus kulttuurisessa vanhustyössä*. Studia Musica 91. Taideyliopiston Sibelius-Akatemia.



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Thank you for listening!
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