



Finnish Institute in Japan
フィンランドセンター

フィンランド留学ウェビナー

5月26日（月）午後5～7時 | May 26th, 5—7 PM

Study in Finland webinar

JAMK応用科学大学 | JAMK University of Applied Sciences



Marjo Palovaara

Supervisor of the Global Action
Leader of the Advanced Nursing Practice
programmes

ユバスキュラ大学 | University of Jyväskylä



Anna-Maria Wiljanen

Head of the Japan project of the University of Jyväskylä
(Previous director of the Finnish Institute in Japan)



Peppi Taalas

Director of Centre for Multilingual
Academic Communication, Director of
strategic development of education

Today's presentation

1. About Finland
2. Finnish education
3. Universities and universities of applied sciences
4. Fees and scholarships
5. Welfare for the students



Photo: Finnish Institute in Japan

1. About Finland

Population: 5,61 million (Estimate, 2024)

Capital: Helsinki

Joined EU in 1995

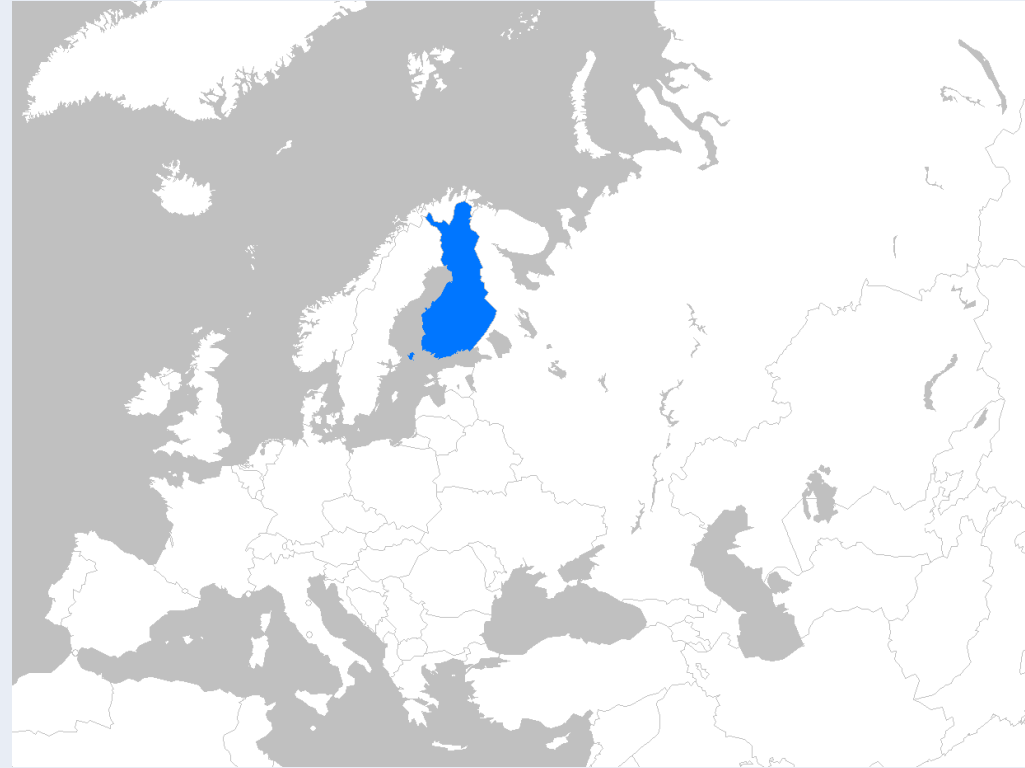
Currency: Euro

Current president: Alexander Stubb

Current prime minister: Petteri Orpo

“The happiest country in the world” for 8 consecutive times

1) <https://stat.fi/julkaisu/clmj0tpyw5zwb0bw6j2adrg4f>



1. About Finland



2. フィンランドの教育制度 / *Finnish education system*

Cornerstones of Finnish education:

平等

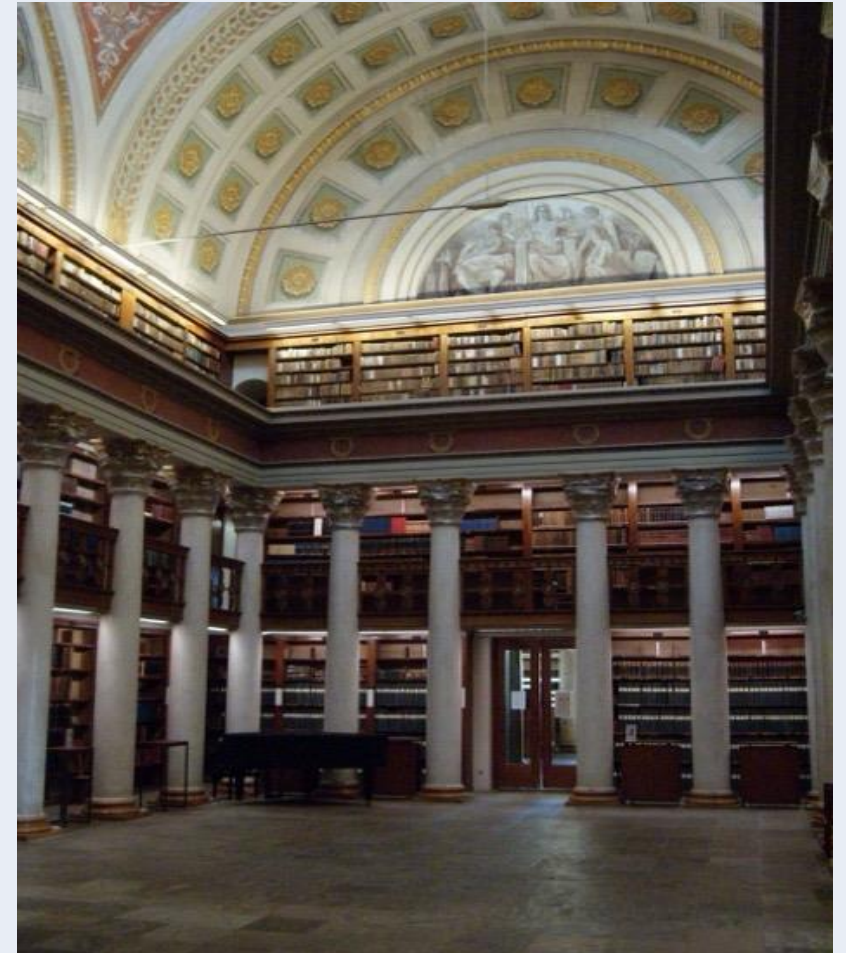
Equal

教育の質が高い

High level

生涯学習

Lifelong learning



National Library of Finland
Photo: commons.wikimedia.org

2. フィンランドの教育制度 / Finnish education system

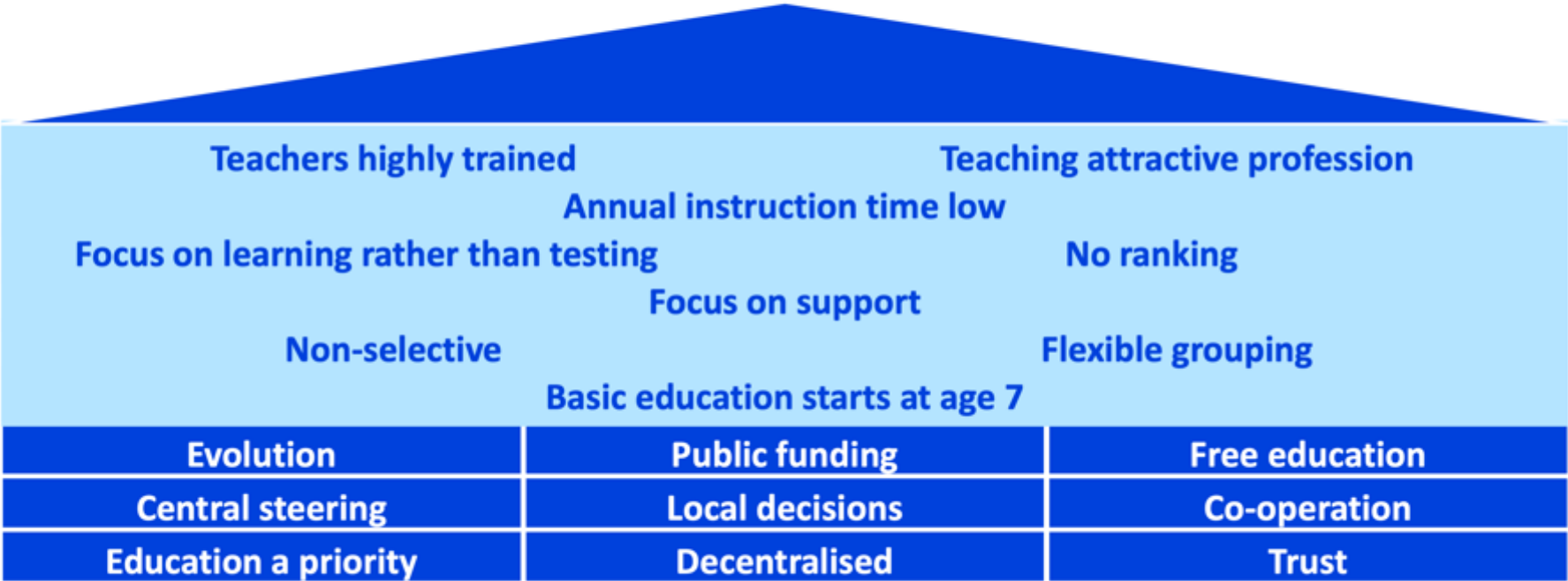


The Helsinki central library Oodi

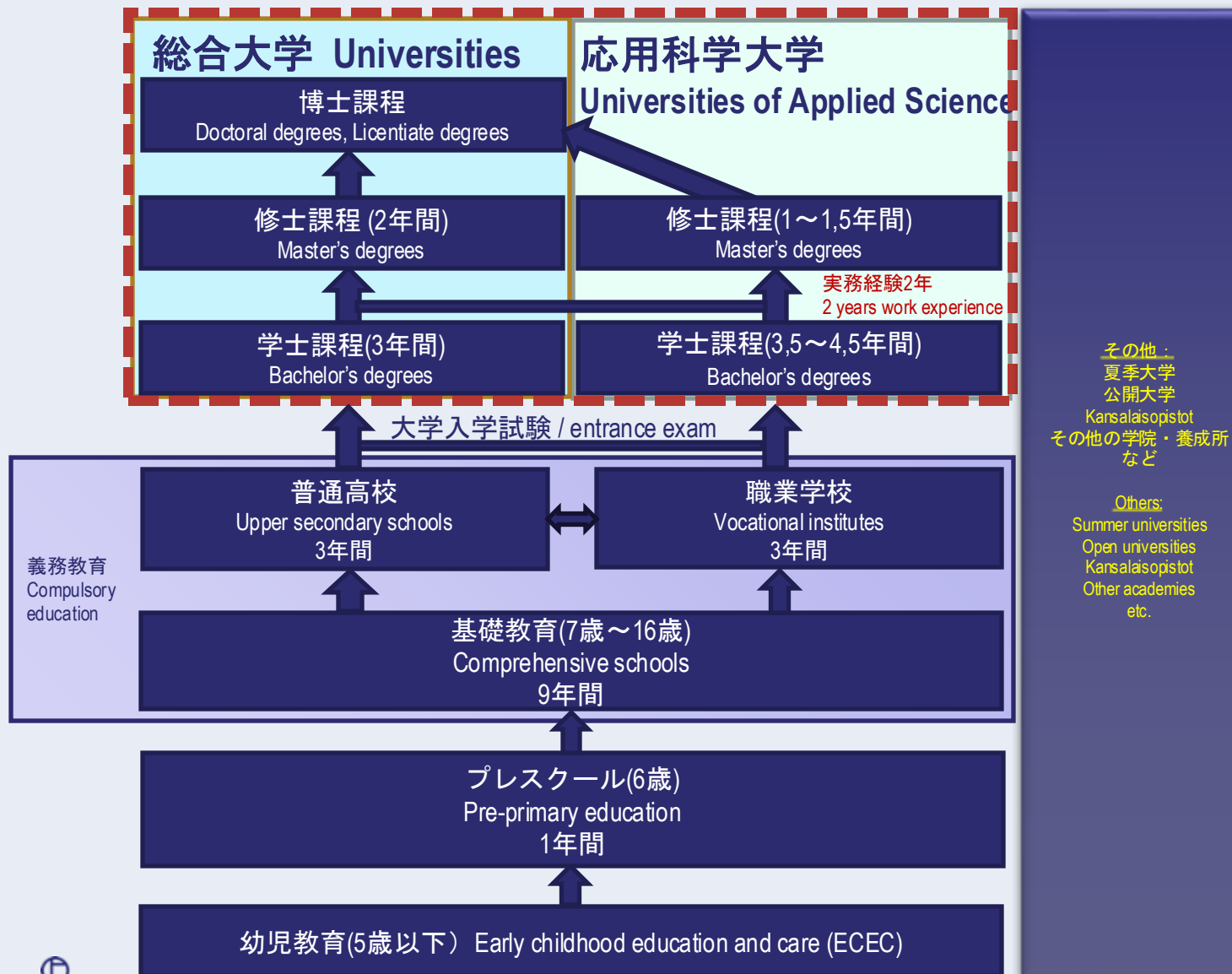


2. フィンランドの教育制度 / Finnish education system

Specificities of the Finnish education system



2. フィンランドの教育制度 / Finnish education system



フィンランドの高等教育機関には2種類：

- ① 総合大学 (yliopisto)
 - ・ 基礎研究に注力
 - ・ 学士号、修士号、博士号
- ② 応用科学大学 (ammattikorkeakoulu)
 - ・ 実践に注力
 - ・ 学士号、修士号

いずれも文系・理系学科がある。

(参考) 卒業年数 (ボローニャプロセスを採用)

There are two types of higher education institutions in Finland:

- ① Universities (yliopisto)
 - Focus on research
 - Offer bachelor's, master's, licentiate and doctoral degrees
- ② Universities of applied sciences (ammattikorkeakoulu)
 - Focus on practice
 - Do not offer doctoral or licentiate degrees
 - Both have departments in humanities as well as science

参考：<https://okm.fi/en/education-system> (2024/9)

3. Universities and universities of applied sciences

大学および応用科学大学



総合大学

- ① AALTO UNIVERSITY
- ② HANKEN SCHOOL OF ECONOMICS
- ③ LUT UNIVERSITY
- ④ TAMPERE UNIVERSITY
- ⑤ UNIVERSITY OF EASTERN FINLAND
- ⑥ UNIVERSITY OF HELSINKI
- ⑦ UNIVERSITY OF JYVÄSKYLÄ
- ⑧ UNIVERSITY OF LAPLAND
- ⑨ UNIVERSITY OF OULU
- ⑩ UNIVERSITY OF TURKU
- ⑪ UNIVERSITY OF VAASA
- ⑫ UNIVERSITY OF THE ARTS HELSINKI
- ⑬ ÅBO AKADEMI UNIVERSITY

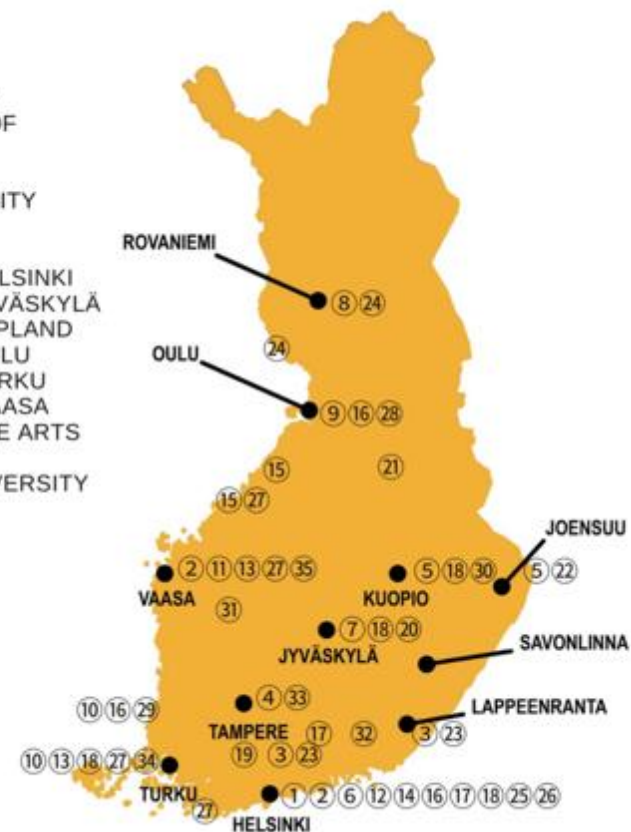


Image: studyinfinland.fiよりフィンランドセンター作成

応用科学大学

- ⑭ ARCADA UNIVERSITY OF APPLIED SCIENCES
(以下「UNIVERSITY OF APPLIED SCIENCES」は省略)
- ⑮ CENTRIA
- ⑯ DIACONIA (DIAK)
- ⑰ HAAGA-HELIA
- ⑱ HUMAK
- ⑲ HÄME (HAMK)
- ⑳ JYVÄSKYLÄ (JAMK)
- ㉑ KAJAANI (KAMK)
- ㉒ KARELIA

- ㉓ LAB
- ㉔ LAPLAND
- ㉕ LAUREA
- ㉖ METROPOLIA
- ㉗ NOVIA
- ㉘ OULU (OAMK)
- ㉙ SATAKUNTA (SAMK)
- ㉚ SAVONIA
- ㉛ SEINÄJOKI (SeAMK)
- ㉜ SOUTH-EASTERN FINLAND (XAMK)
- ㉝ TAMPERE (TAMK)
- ㉞ TURKU
- ㉟ VAASA

総合大学 / Universities with English degree programmes

<u>AALTO UNIVERSITY</u> <u>Bachelor's / Master's / Doctoral</u> programmes	<u>UNIVERSITY OF JYVÄSKYLÄ</u> <u>Bachelor's (Finnish) / Master's / Doctoral</u> programmes
<u>HANKEN SCHOOL OF ECONOMICS</u> <u>Bachelor's / Master's / Doctoral</u> programmes	<u>UNIVERSITY OF LAPLAND</u> <u>Bachelor's (Finnish) / Master's / Doctoral</u> programmes
<u>LUT UNIVERSITY</u> <u>Bachelor's / Master's / Doctoral</u> programmes	<u>UNIVERSITY OF OULU</u> <u>Bachelor's & Master's / Doctoral</u> programmes
<u>TAMPERE UNIVERSITY</u> <u>Bachelor's / Master's / Doctoral</u> programmes	<u>UNIVERSITY OF TURKU</u> <u>Bachelor's (Finnish) / Master's / Doctoral</u> programmes, <u>Partnership degree programmes</u>
<u>UNIARTS HELSINKI</u> <u>(Academy of Fine Arts, Sibelius Academy, Theatre Academy)</u> <u>Bachelor's & Master's & Doctoral</u> programmes	<u>UNIVERSITY OF VAASA</u> <u>Bachelor's (Finnish) / Master's / Doctoral</u> programmes
<u>UNIVERSITY OF EASTERN FINLAND</u> <u>Bachelor's / Master's / Doctoral</u> programmes	<u>ÅBO AKADEMI UNIVERSITY</u> <u>Bachelor's (Swedish) / Master's / Doctoral</u> programmes
<u>UNIVERSITY OF HELSINKI</u> <u>Bachelor's & Master's & Doctoral</u> programmes	

応用科学大学 / Universities of Applied Sciences with English degree programmes

<u>ARCADA UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes	<u>KARELIA UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes	<u>SAVONIA UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes
<u>CENTRIA UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes	<u>LAB UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes	<u>SEINÄJOKI UNIVERSITY OF APPLIED SCIENCES (SeAMK)</u> Bachelor's / Master's programmes
<u>DIACONIA UNIVERSITY OF APPLIED SCIENCES (DIAK)</u> Bachelor's / Master's programmes	<u>LAPLAND UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes	<u>SOUTH-EASTERN FINLAND UNIVERSITY OF APPLIED SCIENCES (XAMK)</u> Bachelor's / Master's programmes
<u>HAAGA-HELIA UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes	<u>LAUREA UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes	<u>TAMPERE UNIVERSITY OF APPLIED SCIENCES (TAMK)</u> Bachelor's / Master's programmes
<u>HUMAK UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes	<u>METROPOLIA UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes	<u>TURKU UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes
<u>HÄME UNIVERSITY OF APPLIED SCIENCES (HAMK)</u> Bachelor's / Master's programmes	<u>NOVIA UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes	<u>VAASA UNIVERSITY OF APPLIED SCIENCES (VAMK)</u> Bachelor's / Master's programmes
<u>JAMK UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes	<u>OULU UNIVERSITY OF APPLIED SCIENCES (OAMK)</u> Bachelor's / Master's programmes	<u>ÅLAND UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes
<u>KAJAANI UNIVERSITY OF APPLIED SCIENCES (KAMK)</u> Bachelor's / Master's programmes	<u>SATAKUNTA UNIVERSITY OF APPLIED SCIENCES (SAMK)</u> Bachelor's / Master's programmes	

3. Universities and Universities of Applied Science 大学および応用科学大学

How to study in Finland?

- Degree studies
- Exchange studies
- Visiting student
- PhD and post doctoral
- Other options





Study Info

3. 正規留学 / Degree Studies

- 学位取得留学 / Students intending to get a degree at the university

課程 Level	学士課程 Bachelor's degree	修士課程 Master's degree	博士課程 Doctoral degree
出願方法 How to apply	<u>Studyinfo</u> <u>Joint application</u> <u>Separate application</u>	<u>Studyinfo</u> <u>Joint application</u> <u>Separate application</u>	<u>Studyinfo</u> <u>Doctoral admissions</u>
出願期間 (併願) Application period (Joint application)	12月～1月 8月～9月	12月～1月 8月～9月	大学による
英語で開講されるプログラム Programmes in English	<u>Bachelor's degree programmes in universities and UAS</u>	<u>Master's degree programmes in universities and UAS</u>	<u>Doctoral degree programmes</u>
受験料 Application fee	なし None	なし None	なし None

3. 交換留学 / Exchange studies

所属大学がフィンランドの大学と提携していることが必須

Exchange based on bilateral agreements between universities

所属大学による学内選考を経て留学が決まる

Students need to be nominated by their home university in order to apply

留学期間：半年～1年程度

Exchange period is usually from six months to one year

単位は取るが、学位取得留学ではない

Students get credits for their studies, but can not get a full degree

3. 個人留学 / Visiting student, freemover

留学期間： 2 か月～ 1 年程度

大学間の協定がない

大学探しなどの手続きは基本的にご自身で進める必要がある

学費を払う必要があることが多い

単位は取るが、在籍する大学にて単位認定してもらえない場合があります

フィンランドの全ての大学が Freemoverを受け入れている訳ではないのでご注意ください！

Exchange period is usually from two months to one academic year depending on the university

No bilateral agreement between the universities

Students search and contact host universities by themselves

Students usually pay tuition fees themselves

Students get credits, but they might not be accepted at their home university

Note that not all universities in Finland accept freemovers!

3. その他 / Other options

大学が提供するサマースクール

University summer schools

Study programs offered by a school, college, or university during the summer to those who wish to obtain their degrees more quickly, who must make up credits, or who wish to supplement their education

公開大学

Open universities

Teaching that is carried out based on the higher education institution's own syllabus; open for everyone regardless of education and age; mainly available for those who already live in Finland; not full-time and do not lead to a qualification – it is therefore not possible to get a long-term student residence permit based on Open Studies

成人教育センター /
Työväenopisto

Adult education centers/Työväenopisto

An adult education center resembling a community college, providing adult education in a wide variety of topics but without any degrees or certificates

論文執筆、研究

Research or thesis work

Opportunities found independently, advisable to start by inquiring with your own universities

3. サマースクール / Summer Schools

Summer School	University	Study period
<u>Aalto Summer School</u>	Aalto University	July–August
<u>UEF Summer School</u>	University of Eastern Finland	August
<u>Jyväskylä Summer School</u>	University of Jyväskylä	August
<u>LUT Summer School</u> <u>Arctic Summer Programme</u>	LUT University University of Oulu	June–July August
<u>Turku Åbo Summer School</u>	University of Turku, Turku UAS, Åbo Akademi, Humak, Novia UAS	August

Summer School	University of Applied Sciences (UAS)	Study period
<u>JAMK Summer School</u>	JAMK – Jyväskylä UAS	May–June
<u>Metropolia Summer Schools</u>	Metropolia UAS	ICT in August, others throughout the year
<u>XAMK Summer School of Gaming</u>	XAMK UAS	August

Other Short-term Programmes		
<u>Kansalaisopistot</u>		Throughout the year
<u>List of Summer Universities</u> (in Finnish)		

4. 生活費 / Fees and costs

参考 : <https://studyinfinland.fi/fees-and-costs>
<https://www.studyinfinland.fi/life-finland/accommodation>
<https://www.fulbright.fi/living-costs-finland>



- 学費 : 年間8000–20000 € (1,300,000円～3,250,000円)
- 家賃 : 都市とアパートによる。
例 : HOAS (ヘルシンキ地区学生寮) では
 - シェアアパートでの部屋は一ヶ月268～430€ (44 000円～70 600円)
 - ワンルーム・アパート 387–825€ (63 500円～136 000円)
- 生活費 : 1ヶ月約1000€ (160,000円)
 - 食費、宿泊費、旅費を含む
- 学生自治会会費 (総合大学)
年間約55～75€ (8 800円～12 000円)
- 学生医療費 : 1学期につき35€ (5700円)
- Tuition fees: 8000–20000€ per year (1,300,000—3,250,000 ¥)
- Rent: Depends on the area and type of apartment
Example: At HOAS (Helsinki area student housing)
 - Room in a *shared flat*: 268–430€ (44 000–70 600 ¥)
 - *Studio*: 387–825€ (63 500–136 000 ¥)
- Monthly living costs: around 1000€ (160,000 ¥)
 - Including food, accommodation, and traveling within the city
- Student union fees (universities): 55–75€ per year (8 800—12 000 ¥)
- Student healthcare fee: 35€ per term. (5700 ¥)

4. 奨学金に関する情報 / Scholarships

① フィンランドの出願大学からの授業料免除・減免

対象：EU/EEA圏外の正規留学生

申請方法：出願時に応募。合格通知受理時に減免%通知



Scholarships in Finland

② 日本の制度を利用（大学内外）

対象：正規留学、1年間の留学など様々で奨学金制度による

① Scholarship from Finnish university

Who can apply: Degree students outside the EU/EEA area

Application method: Applied at the same time as you apply to the university.

Results are informed together with the results of university application

② Japanese scholarship (from your university or other organizations)

Who can apply: Depends on the scholarship.

There are various for degree students, exchange students etc.



Scholarships in Japan (JASSO)

5. ウェルビーイング Well-being for the students

- **Finnish Student Health Service (FSHS)**
 - Found in all cities/towns in Finland with a higher education institute
 - Service place according to place of study
- **正規学生への無料のヘルスケア
Free health care for degree students**
 - Health examination
 - Oral health examination
 - Travel health advice
- **メンタルヘルスサービス
Mental health services**
 - Basic psychological examinations
 - Mental health group activities and guided self-care



Photo: pixabay.com

5. ウェルビーイング *Well-being for the students*

大学のスポーツサービス

University sports services by e.g. UniSport
(Universities in the Helsinki area)



- **様々なスポーツと運動**
Various forms of sports and exercises (Gym training, group exercises, ball game groups and online exercises)
- **休憩時間のストレッチエクササイズ**
15 minutes break exercises
- **無料のエクササイズ動画**
Exercise videos available for free at the University sports centres' websites

➤ **Well-being for everyone!**

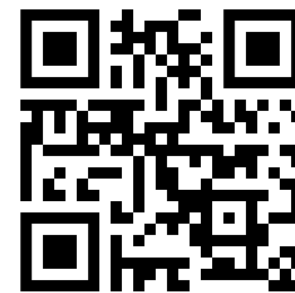


お問い合わせ *Inquiries*

ビザに関すること：フィンランド大使館
For visa related matters: Embassy of Finland in Tokyo



滞在許可および関連事項に関すること：フィンランド移民局（Migri）
For residence permits and related matters: Finnish Immigration Service (Migri)



KIITOS PALJON!

ご清聴ありがとうございました！

science@finstitute.jp

Find out more – Follow our webpage and social media channels!



<https://finstitute.jp>



[@finstitutejapan](https://www.facebook.com/finstitutejapan)



[@finstitutejapan](https://www.instagram.com/finstitutejapan)



JYVÄSKYLÄN YLIOPISTO
UNIVERSITY OF JYVÄSKYLÄ

University of Jyväskylä - things to know about us

Peppi Taalas

peppi.taalas@ju.fi

Over 160 years of championing education

The University of Jyväskylä has its origins in the first Finnish-speaking teacher training seminar founded in 1863. Since then, the dialogue between research, education and society has been our driving force.

In the international rankings of all universities, JYU is among the top 3%.



JYU in a nutshell

- Over 14,000 degree students
- 2,800 employees
- 6 faculties, 5 independent institutes
- 20 English-taught master's degree programmes, currently one BA programme
- 151 degree programmes on Bachelor, Master and PhD levels
- Wide selection of courses offered in English
- International Summer and Winter Schools



We are located on three campuses quite close to one another



Seminaarinmäki



Mattilanniemi



Ylistönrinne

Seminaarinmäki



Faculty of Humanities and Social Sciences

- Department of History and Ethnology
- Department of Language and Communication Studies
- Department of Music, Art and Culture Studies
- Department of Social Sciences and Philosophy
- Centre for Applied Language Studies



Faculty of Education and Psychology

- Department of Education
- Department of Teacher Education
- Department of Psychology

Open University



Faculty of Sport and Health Sciences



Centre for Multilingual Academic Communication

Mattilanniemi and Ylistönrinne campuses



Faculty of Information **Technology**



Faculty of Mathematics and Science

- Department of Biological and Environmental Science
- Department of Physics
- Department of Chemistry
- Department of Mathematics and Statistics



Jyväskylä University School of Business and Economics (JSBE)

In addition to the Jyväskylä campuses, JYU has operations in Konnevesi, Kokkola and Vuokatti.

There's something for everyone at JYU



- The University of Jyväskylä is one of the largest and most multidisciplinary science universities in Finland.
- At JYU, a student can choose from over a hundred subjects and combine them into a personalised cross-disciplinary degree.
- In teacher education, we are one of the largest providers in Finland and in special teacher education the largest by volume.
- At JYU, subject teacher qualification can be acquired in 17 different subjects.

Did you know?

- ✓ Our University has the only Faculty of Sport and Health Sciences in Finland
- ✓ About a third of Finland's psychologists graduate from JYU
- ✓ Since 2021, JYU also offers a master's degree programme in technology

International education and cooperation



We are an international university in both research and education.

- There are more than 100 nationalities on our campus
- We provide annually about 20 basic bachelor and master's degree programmes in English
- More than 300 destinations for student exchange
- Students develop their international competence in a goal-oriented fashion



FORTHEN Alliance

is a strategic cooperation network with nine European universities.

We build sustainable cooperation models in this network, both in education and research as well as in societal interaction.

For students, for example, this creates opportunities for student exchange, short-term mobility periods and internships.

We have 20 international MA programmes and 1 BA programme (more BA programmes coming)



Bachelor's and master's degree programmes offered by JYU

You can apply for the following programmes during the annual two-week application round in January. To prepare for your application, read the admission criteria for the programme of your choice, which you can access on the programme page. The next joint application round is in January 2025.

Find more information
at jyu.fi/study

Business and Economics	→
Education	→
Humanities and Social Sciences	→
Information Technology	→
Mathematics and Science	→
Sport and Health Sciences	→
Erasmus Mundus Joint Masters	→

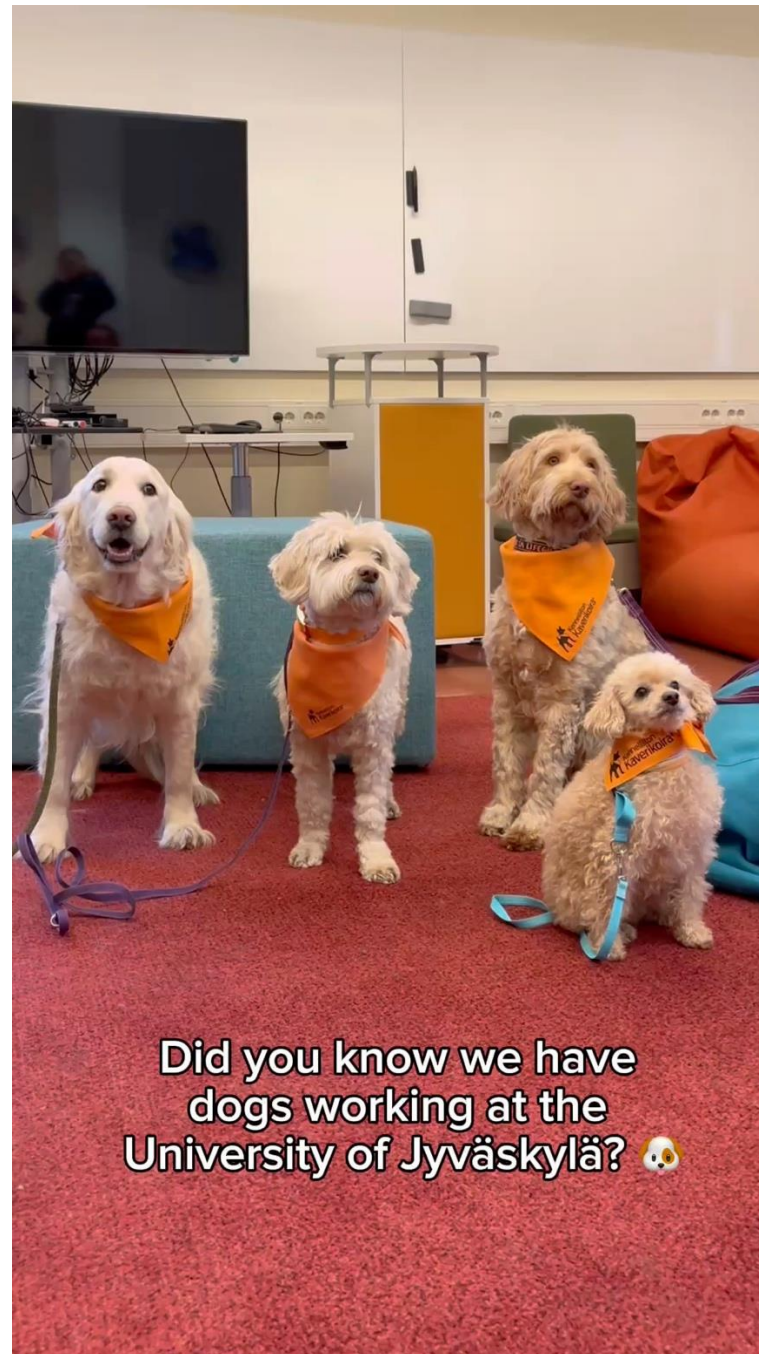


A wide variety of services for international students

- Pre-arrival support, orientation programme
- Peer-to-peer student tutoring service
- Student restaurants on campus
- Libraries with workstations and meeting zones
- Academic English and Finnish language courses for free to all students
- University sports services uMove
- Student Life - Wellbeing support for students
- Local Friendship Programme (for degree students)
- Internationalization opportunities
- Career support, internship voucher (for degree students)
- Alumni study right (for degree students)



**And last but not
least... there are also
dogs working on our
campus**





We look forward to welcoming you on our campus!

Follow JYU on social media

@uniofjyvaskyla on Instagram, TikTok, Facebook, LinkedIn and YouTube

jyu.fi/study

A woman in a futuristic space suit is floating in space. The background is a vibrant purple nebula with stars. The woman's suit is white and grey with various equipment and a helmet. She is looking directly at the camera.

Fuel for Creativity

A Creative Pioneer
Reinventing Higher Education

jamk

Jyväskylän ammattikorkeakoulu
University of Applied Sciences

Content

1. Introduction of Jamk University of Applied Sciences
2. Cooperation between Jamk and Japan
3. Exchange possibilities for Japanese students



1. Introduction of Jamk University of Applied Sciences

Come Co-create



Jamk represents a new generation of higher education institutions, one which grows from experiments, innovations, cooperation and a productive attitude.

We develop learning and build strong cooperation networks.

Jamk is a creative pioneer.



jamk

Jamk University of Applied Sciences



10 000

Students



880

Personnel



1715

Bachelor's and
Master's degrees 2024



4

International
Campuses



€80,6 m

Turnover 2024



€21,4 m

Volume of
RDI Activities 2024



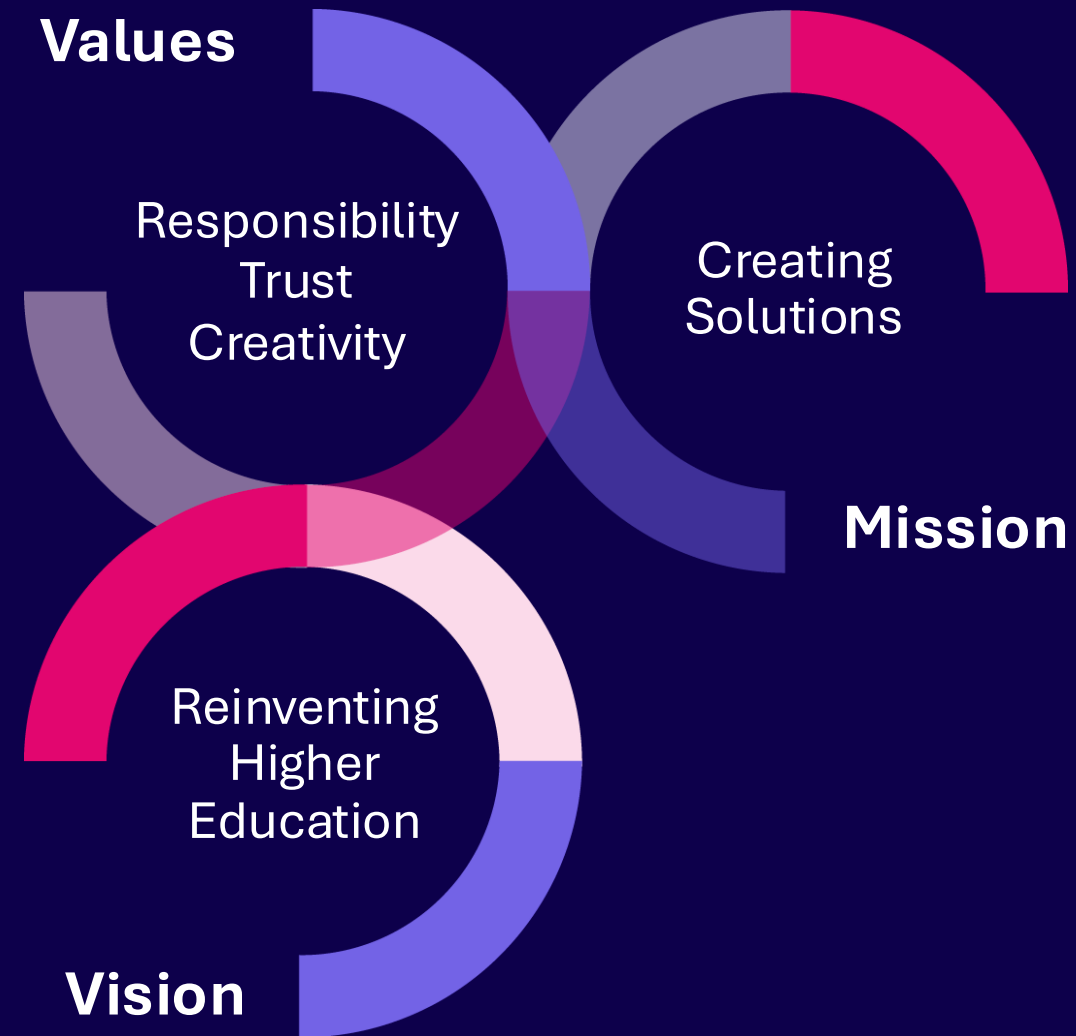
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Qualifications for Professional
Teachers in 2024

Values, Mission and Vision

Jamk University of Applied Sciences proactively and sustainably produces up-to-date and future-centred competence in education, in applied research and as services.

Jamk's activities are innovative and solution-oriented.



Creativity in Progress.

Strengths: a multidisciplinary approach, cross-institutional study and flexible study paths. For individuals and organisations. Education in Eight Study Fields

■
ICT

■
Tourism and Hospitality

■
Culture

■
Social Services and Health Care

■
Business
Administration

■
Technology and
Transport

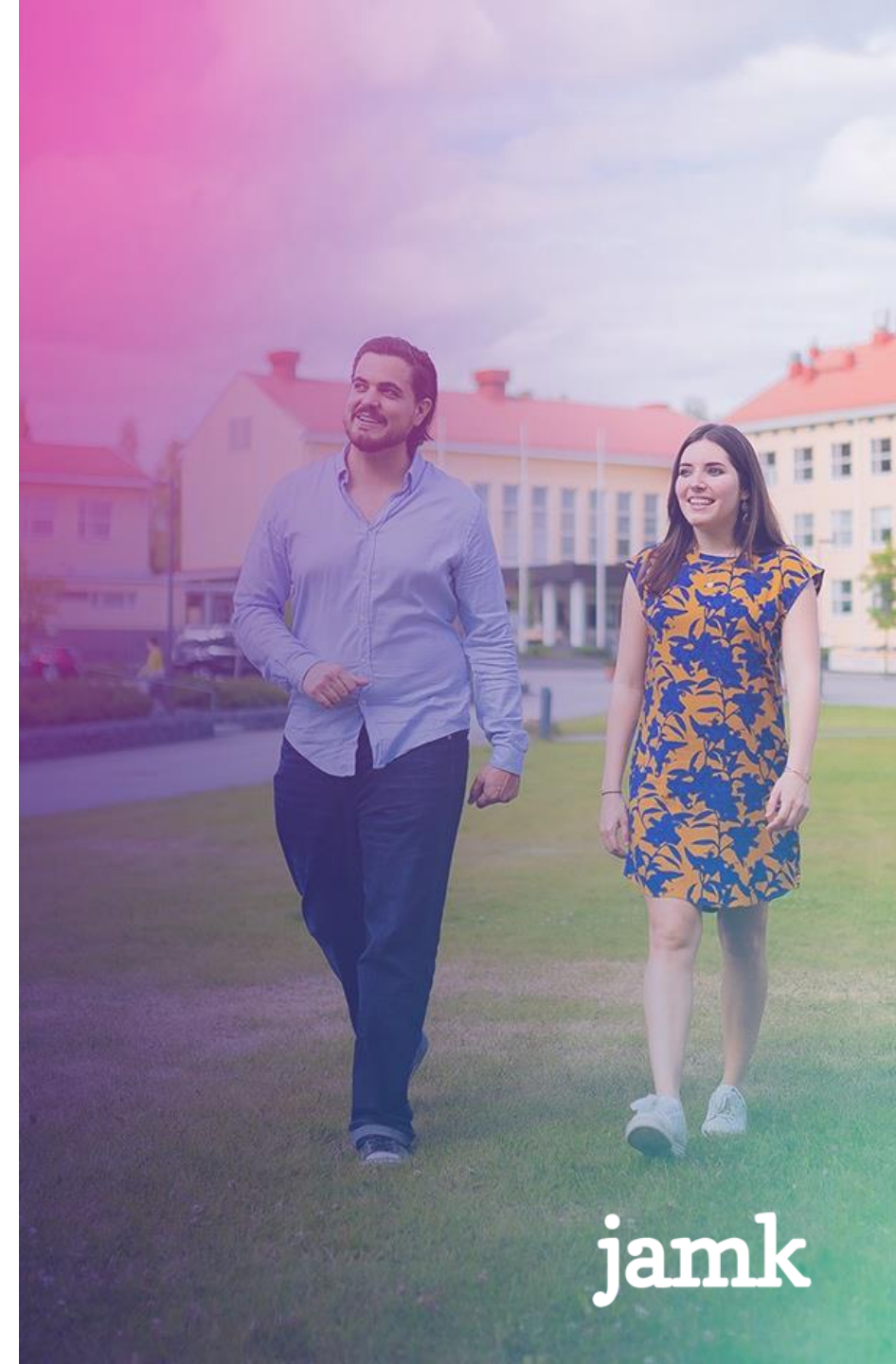
■
Natural Resources
and the Environment

■
Teacher Education

30.5.2025

Mario Palovaara/Jamk

https://youtu.be/57_Rolh08as?si=PXEVKGnwSyxm9nwi



jamk

Schools and Degree Programmes

School of Business

Bachelor's Degree Programmes

Business Information Technology
Business Information Technology,
Game Production
Business Management
International Business
Service Business
Team Academy
Tourism Management

Master's Degree Programmes

International Business
Management
Sport Business Management

School of Health and Social Studies

Bachelor's Degree Programmes

Midwifery
Music Pedagogy
Nursing
Occupational Therapy
Physiotherapy
Rehabilitation Counselling
Social Services

Master's Degree Programmes

Advanced Practice Nursing
Advanced Practice Nursing
Digital Rehabilitation
Expertise in Social Guidance
Health Promotion
Integration of Rehabilitation and
Exercise
Music Pedagogy
Multidisciplinary Rehabilitation
Occupational Therapy Expertise
Sport and Exercise Physiotherapy



Conducted in English



Conducted in Finnish, may include courses in English

Schools and Degree Programmes

School of Technology

Bachelor's Degree Programmes

Agricultural and Rural Industries
Construction and Civil Engineering
Construction Management
Electrical and Automation Engineering
Energy and Environmental Technology
Information and Communications Technology
Information and Communications Technology
Logistics
Mechanical Engineering
Purchasing and Logistics Engineering
Automation and Robotics

Master's Degree Programmes

Artificial Intelligence and Data Analytics
Bioeconomy Development
Construction Engineering
Construction Management
Cyber Security
Digital Supply Chain Management
Full Stack Software Development
Life Cycle Management
Logistics
Professional Project Management
Robotics
Sustainable Energy

Multidisciplinary Programmes (Master's Degree)

Management and Leadership Excellence
Project Management

School of Professional Teacher Education

Professional Teacher Education
Professional Teacher Education
Vocational Special Needs Teacher Education
Vocational Study Counsellor Education



Conducted in English



Conducted in Finnish, may include courses in English

International Jamk



500

Partners in 65
Countries



1367

International Degree
Students in 2024



318

Exchange
Students


Students from

87

Countries



€7,2 m

Turnover in
Education
Export 2024

E³UDRES²

Jamk is a member of the European University E³UDRES², a network of nine higher education institutions. In total E³UDRES² has a staff of 10,500 people and approximately 100,000 students. E³UDRES² focuses on developing the sustainable business life, entrepreneurship and competitiveness of its area of operation, and thus the competence and networking of the entire region on a global scale.

Key issues for higher education institutions in the European University include smart specialisation, circular economy, support for well-being and active ageing, and human-centred digitalisation and artificial intelligence.

E³UDRES²



jamk

Jamk Talent Boost & International Jyväskylä


Improving integration and employment opportunities of international students in Central Finland

- Goal is to help students find integration activities, Finnish language courses, practical training and work – boosting their talent.
- We do that by providing guidance, information and events to boost the students' career and networking skills.




Global Education Services

Finland is known for its high-quality education, and we've been ranked as one of Finland's top universities of applied sciences year after year. Our global educational services take our educational expertise abroad and help develop education around the world.



Reliable partner
in professional,
organisation and
system level
development



Developing
education in co-
operation with our
customers - main
clientele consists
of authorities,
educational
institutions, and
companies



Quality is the
backbone of our
services - audited by
the highly regarded
Finnish Education
Evaluation Centre
(FINEEC)



Versatile Education Expertise around the World

References

Argentina, Chile, China, Egypt, Ethiopia, France, Germany, India, Kazakhstan, Kosovo, Mozambique, Nepal, North Macedonia, Peru, Portugal, Qatar, Saudi Arabia, South Africa, Uruguay and Vietnam



Quality

Recognition by the Finnish Higher Education Evaluation Council (FINHEEC) / Finnish Education Evaluation Centre (FINEEC)

- Audit Certificate 2019–2025 (continued until May 31, 2027)
- Quality Label for Excellence 2021–2025
- Audit certificate of the quality system 2006-2012 and 2013–2019. The second audit was conducted by an international audit team.

Recognition by the European Commission

- Erasmus Charter for Higher Education 2021–2027
- Erasmus Golden Award for Excellence 2013, first place in staff mobility in Europe.

Finnish Olympic Committee's Quality Label of a Top Athlete-Friendly Higher Education Institution



Quality

EFMD Programme Accreditation

- Degree Programme in International Business

EUR-ACE Accreditation

- Degree Programme in Electrical and Automation Engineering
- Degree Programme in Information and Communications Technology
- Degree Programme in International Logistics
- Degree Programme in Mechanical Engineering

IUHPE European Health Promotion Accredited

- Master's Degree Programme in Health Promotion



2. Cooperation in Japan

A man and a woman are standing in a forest, holding a large, billowing cloud of white smoke or steam between them. The man is on the left, wearing a light-colored polo shirt, and the woman is on the right, wearing a blue long-sleeved shirt. They are both looking towards the camera with slight smiles. The background features a dense forest of evergreen trees, a body of water in the distance, and a dramatic sunset sky with vibrant orange, pink, and purple hues. The overall scene conveys a sense of nature, teamwork, and environmental awareness.

Cooperation institutions in Japan

- Universities
 - Takasaki University of Health and Welfare (Takasaki)
 - Faculty of Health Care
 - Juntendo University (Tokio ja Mishima)
 - Faculty of Health and Sports Science (BA, MA)
 - Faculty of Health Care and Nursing (BA, MA)
 - Toyo University (Tokio)
 - International Affairs Office, Toyo University
 - Tokyo Metropolitan University (Tokio)
 - Osaka Metropolitan University (Osaka)
 - Graduate School of Nursing
 - Hokkaido University (Sapporo)
 - Dokkyo Medical University (Mibu)
 - Information and Communication Technology



Other cooperation partners

- Finland – Japan Institute
- Kurosawa Hospital (Takasaki)
- Sunrich Mishima (Mishima)
- Tsunoda Hospital (Takasaki)
- Chiba Institute of technology/Future Robotics (Tokio)
- Daiwa House (Tokio)





COOPERATION

JAMK University of Applied Sciences School of Health and Social Studies Takasaki University of Health and Welfare Juntendo University

Asia-Programmes
(EDUFI), 2017-
2019

Erasmus+ Global
(EU), 2018-2020
Coe AgeCare
Network

Staff mobility
Student mobility



Asia-Programmes, two projects 2017-2019 funded by EDUFI

Education Cooperation of Asia operations provides funding for projects concerning education cooperation between higher education institutions in Asia deemed to be particularly important to Finland.

1. MENTOROB- project with Takasaki University of Health and Welfare

Aim is to develop a mentoring programme for professional practice for third year bachelor level physiotherapy students of JAMK and Takasaki to enhance the development of internationalisation and robotic competences and to support the applicability of the competences in the working life.

2. Gerontechnology for Nursing with Juntendo University & Lahti University of Applied Sciences

Aim is to develop an international e-learning module on gerontological nursing for JU, LAMK and JAMK bachelor level students. The purpose is to develop students' competences in ageing, technology and internationalisation for the global nursing profession.



Other cooperation

- Consortium of Health Care Robotics, Assistive Technology and Digital Solutions
- Staff and student mobility
- Multidisciplinary intensive courses in social and health care

Intensive periods



CoE AgeCare - Centre of Excellence in Research on Ageing and Care (2018-2025)

- JYU:CoE AgeCare project is one of the 12 Centres of Excellence in Finland, Academy of Finland
- Research focuses on the concepts of aging and care in the new digital era, influenced by societal and policy changes.
- Cooperation between JAMK University of Applied Sciences, University of Jyväskylä and Takasaki University of Health and Welfare
- 2019: JYU, JAMK and Takasaki, plan to carry comparative research (Japan-Finland), however due to Covid19, was suspended

Gerontechnology in nursing – online course

- The need for the project rises from the importance for Finland and Japan to tackle the joint societal challenge of ageing through innovative education and living solutions.
- In the society of Finland there are two movements which are going in opposite directions.
 - One is the increasing number of older people and the other one is the decline of staff who will take care of them.
- The integration of technology into care unlocks new possibilities for improving the quality of life of older generation and on the other hand relieving the burden on nurses.
- Ethical, legal and social consequences have to be considered early in the use of technology, for example robotics.



Schools on the Move- pilot case Japan

2021年(令和3年)12月11日(土曜日) 富山県新聞

フィンランド教育プログラムパイロット校

体動かし脳活性化 佐賀の小中一貫校 50人が初体験

佐賀市立小中一貫校第十校(以下、第十校)は今年度、フィンランド政府が推進する教育プログラム「スカール・オン・ザ・ムーブ」に参画し、パイロット校として、西日本で唯一選ばれている。スポーツ科に基づいて、学校生活で体を動かす活動を積極的に取り入れる手法で、10日には中学部の全校生徒と小学部6年の児童計約50人が初めて体験した。(小野慈紀)



じゃんげんの活動を体験する生徒たち

県国際課によると、フィンランドは経済協力開発機構(OECD)の「国際学習到達度調査」で好成績を、動量が増える、認知能力や集中力のアップにつながる。現在、県立以上の義務教育課程の学校で導入されている。今夏の東京五輪では、フィンランド選手団が県内で事前キャンプを開催した縁もあり、同国政府機関によるパイロット校の募集に、第十校が申請。第十校中学部は同国発祥のスポーツ「モルマク」体験などに取り組んでおり、関係の学校とも連携した。

10日は昼休みを活用して体育館で実施。教員がプログラムの効果や、1分程度で行える3種類の活動を紹介した。生徒らは2人組になり、じゃんげんで負けた方が徐々に腰をかがめていく活動などを体験した。

3年の産田幸樹君(15)は「部活を引退して運動不足だったので、いいリフレッシュができた」と笑顔。3年の堀谷春香さん(14)は「脳も活性化する。授業にも取り入れていき、学力向上にもつながるとうれしい」と同様では今月中に計4回期待した。

「部活を引退して運動不足だったので、いいリフレッシュができた」と笑顔。3年の堀谷春香さん(14)は「脳も活性化する。授業にも取り入れていき、学力向上にもつながるとうれしい」と同様では今月中に計4回期待した。

Research cooperation

Summary: CopaGloba Research Project (2019–2023)

Title: *Learning Coparenting: A Comparative Longitudinal Study on the Formation of Coparenting During the Transition to Parenthood (CopaGloba)*

Funding: Academy of Finland

Lead Institutions: JAMK University of Applied Sciences (lead researcher: Kaisa Malinen), University of Jyväskylä (coordinator)

International Collaboration:

- **Japan:** Toyo University (Prof. Chino Yabunaga), Tokyo Metropolitan University (Daisuke Ito), and local participants Akie and Takumi Yada
- **Other countries involved:** Portugal and Finland

Key Activities:

- Collected research data from Finland, Japan, and Portugal
- Organized joint workshops at international conferences
- Peer-reviewed joint publications in progress
- Kaisa Malinen was an invited speaker at an international symposium in Tokyo (Sept 20, 2024)
- **Symposium Title:**
"The Shapes of Coparenting in Finland, Portugal, and Japan: Cross-national Comparisons of the Couples Who Had Their First Child"

3. Jamk for exchange students

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Jyväskylän ammattikorkeakoulu
University of Applied Sciences

Jamk for exchange students

Exchange and Double Degree Student | Jamk

- Jamk University of Applied Sciences offers incoming exchange and double degree students an international atmosphere for studying.
- To support your stay in Jyväskylä we provide many services, including tutoring, orientation and Friend programme.
- We have modern learning environments, skilled personnel and excellent services
- Our facilities are well-equipped and libraries provide free computer services and Internet access
- We have a wide variety of interesting professional courses taught in English
- Our international atmosphere is efficient, yet relaxed



How to apply?

[How to Apply for Exchange at Jamk? | Jamk](#)

Jamk offers a variety of different study fields for exchange students to choose from. **All the courses offered for exchange students are taught in English!**

The courses are part of our curricula for degree students. Thus, there is usually a good mix of degree students and exchange students from all over the world in each class.

The home institution must nominate the student for an exchange period at Jamk by:

- 30 April for exchange periods in the following autumn semester
- 15 October for exchange periods in the following spring semester



Services for exchange students

[Exchange Student Life at Jamk | Jamk](#)

At Jamk we do our best in supporting you during your exchange period with us. In addition to guidance from International Services, you'll receive academic guidance from your School at Jamk. You will also get peer support from the student union and tutors, and the support of the whole Jamk community.

- Embrace your new study community and become an active part of it. Find opportunities to participate in events and projects, and share your ideas and feedback actively.



Intensive programmes or short courses

Summer Schools and campuses

- Jamk Summer School is a unique combination of high-quality academic content and a versatile social programme in the City of Jyväskylä surrounded by beautiful nature with lakes and forests. Central Finland is both an exotic and safe destination. We have one of the most advanced educational systems in the world, and invest in innovation and quality of life.

[Jamk Summer School | Jamk](#)

- Tailored short programmes can be arranged with Japanese partners anytime



Thank you, Kiitos, ありがとう

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