



Finnish Institute in Japan
フィンランドセンター

フィンランド留学ウェビナー

4月28日（月）午後5～7時 | April 28th, 5—7 PM

Study in Finland webinar

ヒューマック応用科学大学 |
Humak University of Applied Sciences



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Admissions Services
Planner



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Bachelor's Degree
Student in Community
Education, Adventure
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アールト大学 | Aalto University



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Bachelor's Degree
Student in International
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Today's presentation

1. About Finland フィンランドについて
2. Finnish education フィンランドの教育
3. Universities and universities of applied sciences
総合大学と応用大学
4. Fees and scholarships 学費と奨学金
5. Welfare for the students 学生のための福祉



Photo: Finnish Institute in Japan

1. About Finland

Population: 5,61 million (Estimate, 2024)

人口 約561万人 (2024年)

Capital: Helsinki 首都：ヘルシンキ

Joined EU in 1995 1995年にEUへ加盟

Currency: Euro 通貨：ユーロ

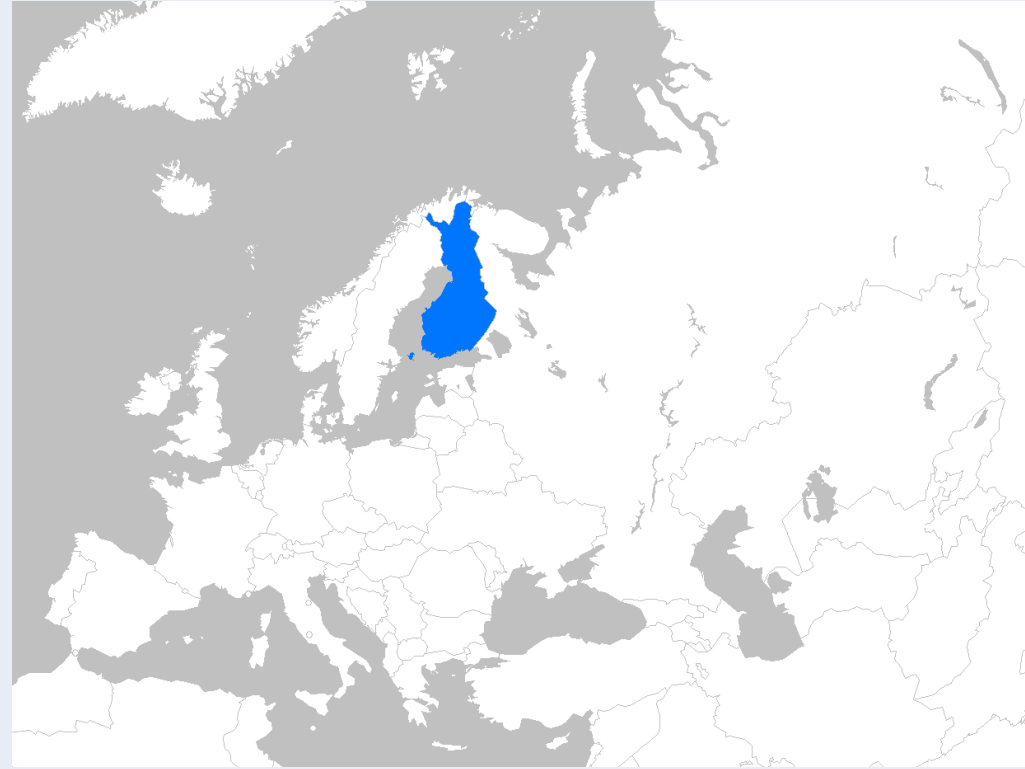
Current president: Alexander Stubb

現大統領：アレクサンデル・ストゥブ

Current prime minister: Petteri Orpo

現首相：ペッテリ・オルポ

“The happiest country in the world” for 8 consecutive times 8年連続、世界一幸福な国





フィンランドの四季 Finland's four seasons

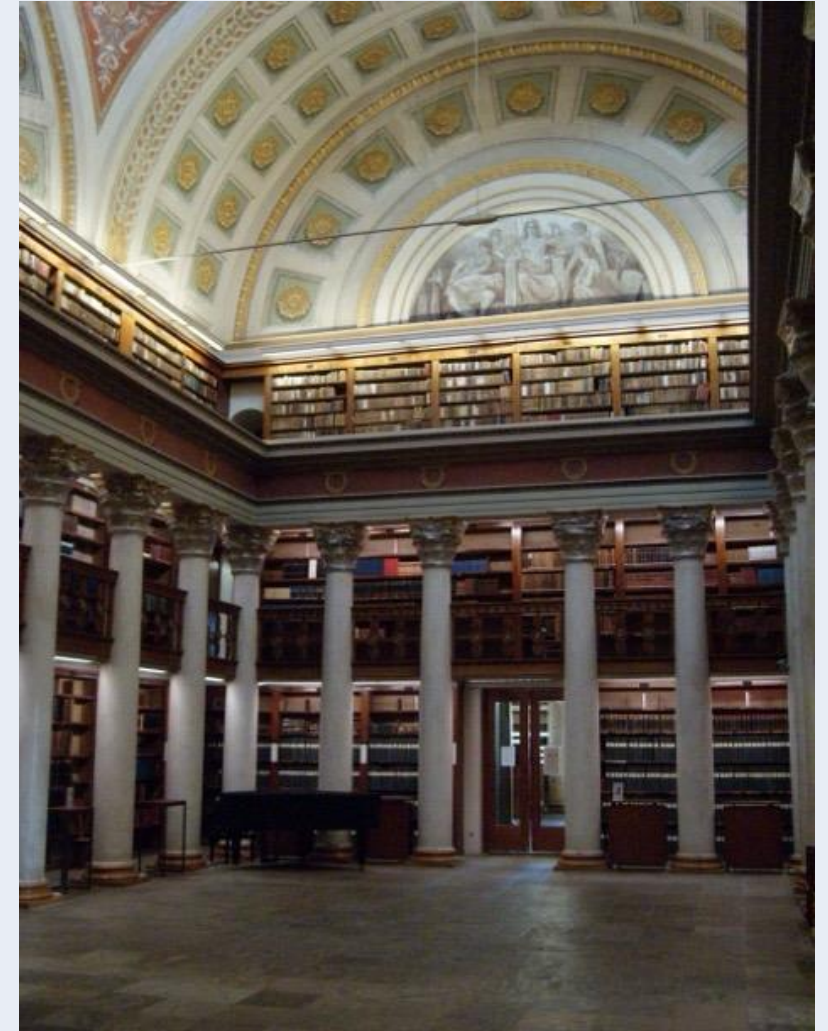
2. フィンランドの教育制度 / Finnish education system

Cornerstones of Finnish education フィンランド教育の礎石

Equal 平等

High level 高水準

Lifelong learning 生涯学習



National Library of Finland
Photo: commons.wikimedia.org

2. フィンランドの教育制度 / Finnish education system

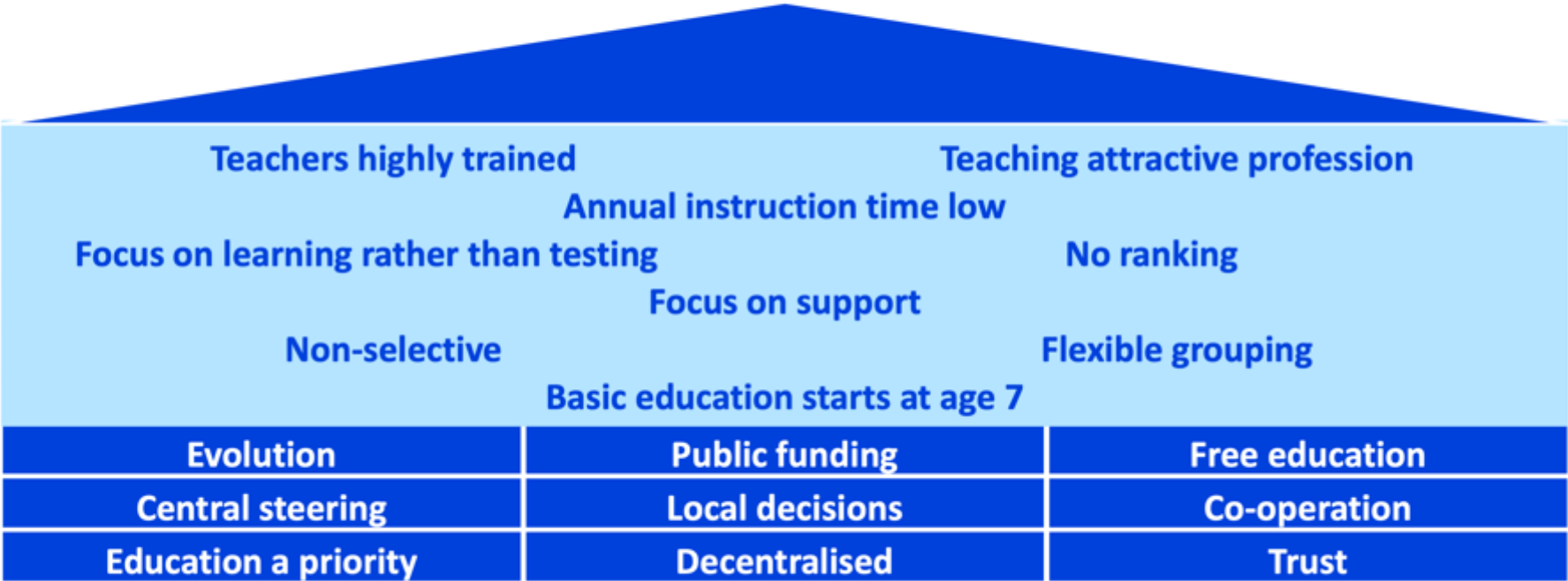


The Helsinki central library Oodi

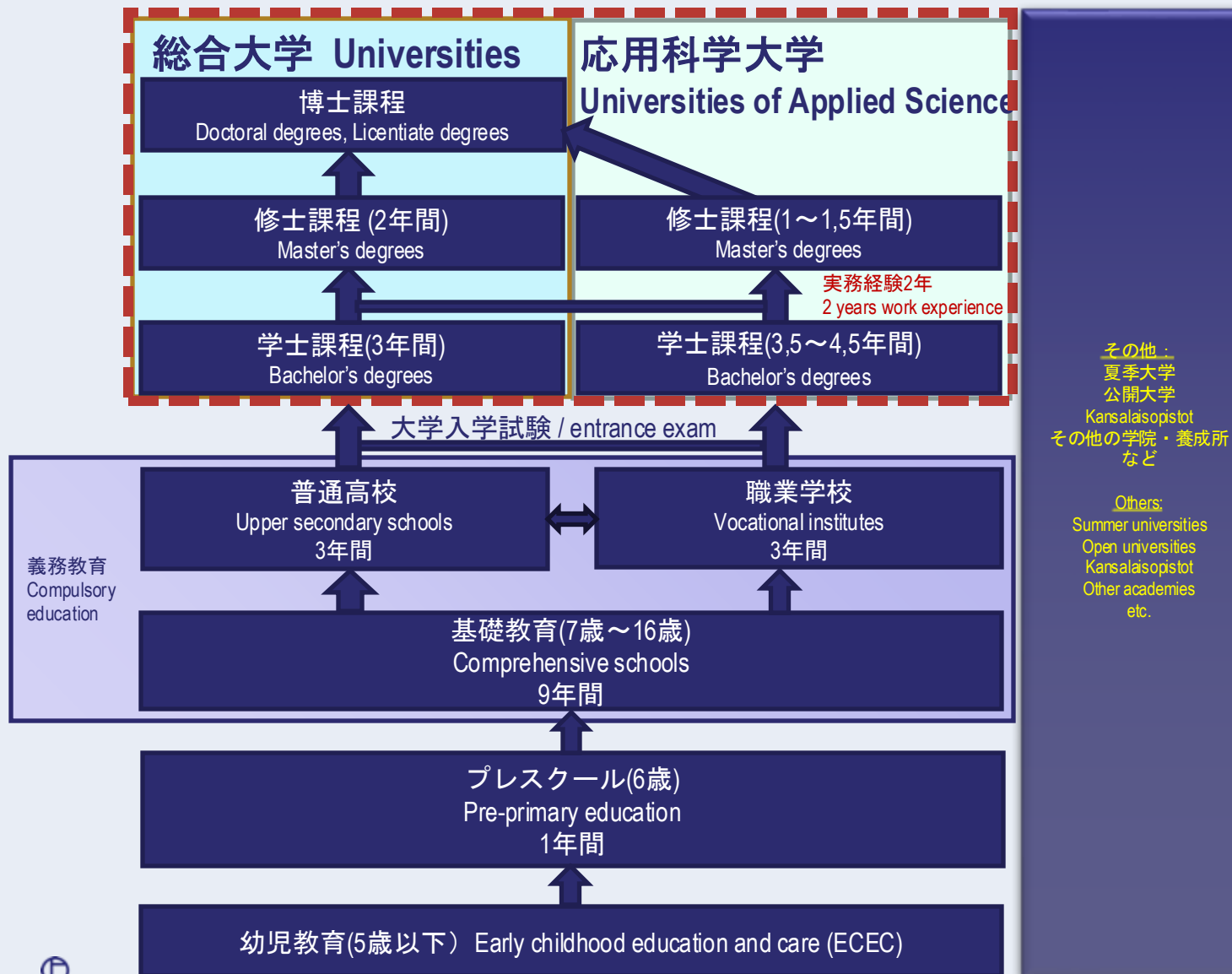


2. フィンランドの教育制度 / Finnish education system

Specificities of the Finnish education system



2. フィンランドの教育制度 / Finnish education system



フィンランドの高等教育機関には2種類：

- ① 総合大学 (yliopisto)
 - ・ 基礎研究に注力
 - ・ 学士号、修士号、博士号
- ② 応用科学大学 (ammattikorkeakoulu)
 - ・ 実践に注力
 - ・ 学士号、修士号

いずれも文系・理系学科がある。

(参考) 卒業年数 (ボローニャプロセスを採用)

There are two types of higher education institutions in Finland:

- ① Universities (yliopisto)
 - Focus on research
 - Offer bachelor's, master's, licentiate and doctoral degrees
- ② Universities of applied sciences (ammattikorkeakoulu)
 - Focus on practice
 - Do not offer doctoral or licentiate degrees
 - Both have departments in humanities as well as science

参考：<https://okm.fi/en/education-system> (2024/9)

3. Universities and universities of applied sciences

大学および応用科学大学



総合大学

- ① AALTO UNIVERSITY
- ② HANKEN SCHOOL OF ECONOMICS
- ③ LUT UNIVERSITY
- ④ TAMPERE UNIVERSITY
- ⑤ UNIVERSITY OF EASTERN FINLAND
- ⑥ UNIVERSITY OF HELSINKI
- ⑦ UNIVERSITY OF JYVÄSKYLÄ
- ⑧ UNIVERSITY OF LAPLAND
- ⑨ UNIVERSITY OF OULU
- ⑩ UNIVERSITY OF TURKU
- ⑪ UNIVERSITY OF VAASA
- ⑫ UNIVERSITY OF THE ARTS HELSINKI
- ⑬ ÅBO AKADEMI UNIVERSITY

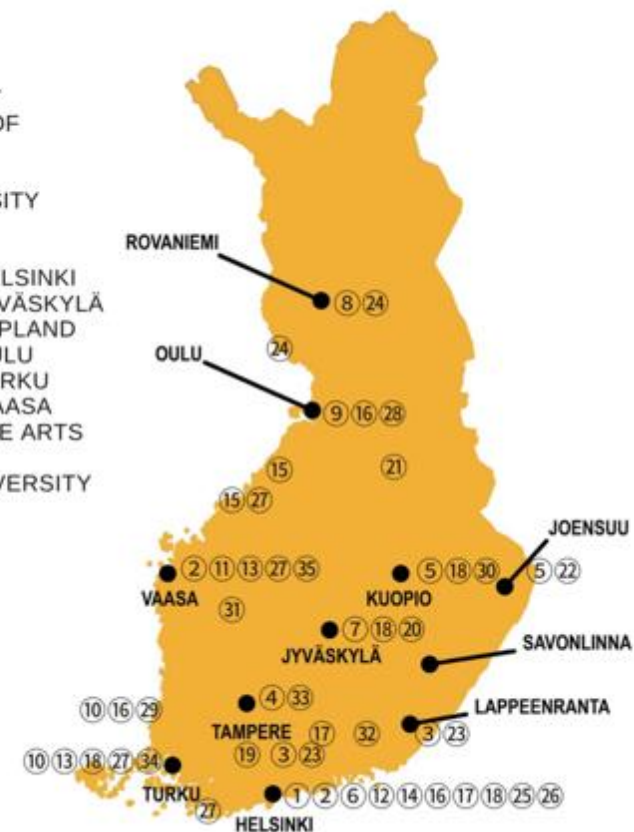


Image: studyinfinland.fiよりフィンランドセンター作成

応用科学大学

- ⑭ ARCADA UNIVERSITY OF APPLIED SCIENCES
(以下「UNIVERSITY OF APPLIED SCIENCES」は省略)
- ⑮ CENTRIA
- ⑯ DIACONIA (DIAK)
- ⑰ HAAGA-HELIA
- ⑱ HUMAK
- ⑲ HÄME (HAMK)
- ⑳ JYVÄSKYLÄ (JAMK)
- ㉑ KAJAANI (KAMK)
- ㉒ KARELIA

- ㉓ LAB
- ㉔ LAPLAND
- ㉕ LAUREA
- ㉖ METROPOLIA
- ㉗ NOVIA
- ㉘ OULU (OAMK)
- ㉙ SATAKUNTA (SAMK)
- ㉚ SAVONIA
- ㉛ SEINÄJOKI (SeAMK)
- ㉜ SOUTH-EASTERN FINLAND (XAMK)
- ㉝ TAMPERE (TAMK)
- ㉞ TURKU
- ㉟ VAASA

総合大学 / Universities with English degree programmes

AALTO UNIVERSITY <u>Bachelor's</u> / <u>Master's</u> / <u>Doctoral</u> programmes	UNIVERSITY OF JYVÄSKYLÄ Bachelor's (Finnish) / <u>Master's</u> / <u>Doctoral</u> programmes
HANKEN SCHOOL OF ECONOMICS <u>Bachelor's</u> / <u>Master's</u> / <u>Doctoral</u> programmes	UNIVERSITY OF LAPLAND Bachelor's (Finnish) / <u>Master's</u> / <u>Doctoral</u> programmes
LUT UNIVERSITY <u>Bachelor's</u> / <u>Master's</u> / <u>Doctoral</u> programmes	UNIVERSITY OF OULU <u>Bachelor's</u> & <u>Master's</u> / <u>Doctoral</u> programmes
TAMPERE UNIVERSITY <u>Bachelor's</u> / <u>Master's</u> / <u>Doctoral</u> programmes	UNIVERSITY OF TURKU Bachelor's (Finnish) / <u>Master's</u> / <u>Doctoral</u> programmes, <u>Partnership degree programmes</u>
UNIARTS HELSINKI (Academy of Fine Arts, Sibelius Academy, Theatre Academy) <u>Bachelor's & Master's & Doctoral</u> programmes	UNIVERSITY OF VAASA Bachelor's (Finnish) / <u>Master's</u> / <u>Doctoral</u> programmes
UNIVERSITY OF EASTERN FINLAND <u>Bachelor's</u> / <u>Master's</u> / <u>Doctoral</u> programmes	ÅBO AKADEMI UNIVERSITY Bachelor's (Swedish) / <u>Master's</u> / <u>Doctoral</u> programmes
UNIVERSITY OF HELSINKI <u>Bachelor's</u> & <u>Master's</u> & <u>Doctoral</u> programmes	

応用科学大学 / Universities of Applied Sciences with English degree programmes

<u>ARCADA UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes	<u>KARELIA UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes	<u>SAVONIA UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes
<u>CENTRIA UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes	<u>LAB UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes	<u>SEINÄJOKI UNIVERSITY OF APPLIED SCIENCES (SeAMK)</u> Bachelor's / Master's programmes
<u>DIACONIA UNIVERSITY OF APPLIED SCIENCES (DIAK)</u> Bachelor's / Master's programmes	<u>LAPLAND UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes	<u>SOUTH-EASTERN FINLAND UNIVERSITY OF APPLIED SCIENCES (XAMK)</u> Bachelor's / Master's programmes
<u>HAAGA-HELIA UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes	<u>LAUREA UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes	<u>TAMPERE UNIVERSITY OF APPLIED SCIENCES (TAMK)</u> Bachelor's / Master's programmes
<u>HUMAK UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes	<u>METROPOLIA UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes	<u>TURKU UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes
<u>HÄME UNIVERSITY OF APPLIED SCIENCES (HAMK)</u> Bachelor's / Master's programmes	<u>NOVIA UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes	<u>VAASA UNIVERSITY OF APPLIED SCIENCES (VAMK)</u> Bachelor's / Master's programmes
<u>JAMK UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes	<u>OULU UNIVERSITY OF APPLIED SCIENCES (OAMK)</u> Bachelor's / Master's programmes	<u>ÅLAND UNIVERSITY OF APPLIED SCIENCES</u> Bachelor's / Master's programmes
<u>KAJAANI UNIVERSITY OF APPLIED SCIENCES (KAMK)</u> Bachelor's / Master's programmes	<u>SATAKUNTA UNIVERSITY OF APPLIED SCIENCES (SAMK)</u> Bachelor's / Master's programmes	

3. Universities and Universities of Applied Science 大学および応用科学大学

How to study in Finland?

- Degree studies
- Exchange studies
- Visiting student
- PhD and post doctoral
- Other options





Study Info

3. 正規留学 / Degree Studies

- 学位取得留学 / Students intending to get a degree at the university

課程 Level	学士課程 Bachelor's degree	修士課程 Master's degree	博士課程 Doctoral degree
出願方法 How to apply	<u>Studyinfo</u> <u>Joint application</u> <u>Separate application</u>	<u>Studyinfo</u> <u>Joint application</u> <u>Separate application</u>	<u>Studyinfo</u> <u>Doctoral admissions</u>
出願期間 (併願) Application period (Joint application)	12月～1月 8月～9月	12月～1月 8月～9月	大学による
英語で開講されるプログラム Programmes in English	<u>Bachelor's degree programmes in universities and UAS</u>	<u>Master's degree programmes in universities and UAS</u>	<u>Doctoral degree programmes</u>
受験料 Application fee	なし None	なし None	なし None

3. 交換留学 / Exchange studies

所属大学がフィンランドの大学と提携していることが必須

Exchange based on bilateral agreements between universities

所属大学による学内選考を経て留学が決まる

Students need to be nominated by their home university in order to apply

留学期間：半年～1年程度

Exchange period is usually from six months to one year

単位は取るが、学位取得留学ではない

Students get credits for their studies, but can not get a full degree

3. 個人留学 / Visiting student, freemover

留学期間： 2 か月～ 1 年程度

大学間の協定がない

大学探しなどの手続きは基本的にご自身で
進める必要がある

学費を払う必要があることが多い

単位は取るが、在籍する大学にて単位認定
してもらえない場合があります

フィンランドの全ての大学が Freemover
を受け入れている訳ではないのでご注
意！

Exchange period is usually from two months to one
academic year depending on the university

No bilateral agreement between the universities

Students search and contact host universities by
themselves

Students usually pay tuition fees themselves

Students get credits, but they might not be accepted
at their home university

Note that not all universities in Finland accept
freemovers!

3. その他 / Other options

大学が提供するサマースクール

University summer schools

Study programs offered by a school, college, or university during the summer to those who wish to obtain their degrees more quickly, who must make up credits, or who wish to supplement their education

公開大学

Open universities

Teaching that is carried out based on the higher education institution's own syllabus; open for everyone regardless of education and age; mainly available for those who already live in Finland; not full-time and do not lead to a qualification – it is therefore not possible to get a long-term student residence permit based on Open Studies

成人教育センター /
Työväenopisto

Adult education centers/Työväenopisto

An adult education center resembling a community college, providing adult education in a wide variety of topics but without any degrees or certificates

論文執筆、研究

Research or thesis work

Opportunities found independently, advisable to start by inquiring with your own universities

3. サマースクール / Summer Schools

Summer School	University	Study period
<u>Aalto Summer School</u>	Aalto University	July–August
<u>UEF Summer School</u>	University of Eastern Finland	August
<u>Jyväskylä Summer School</u>	University of Jyväskylä	August
<u>LUT Summer School</u> <u>Arctic Summer Programme</u>	LUT University University of Oulu	June–July August
<u>Turku Åbo Summer School</u>	University of Turku, Turku UAS, Åbo Akademi, Humak, Novia UAS	August

Summer School	University of Applied Sciences (UAS)	Study period
<u>JAMK Summer School</u>	JAMK – Jyväskylä UAS	May–June
<u>Metropolia Summer Schools</u>	Metropolia UAS	ICT in August, others throughout the year
<u>XAMK Summer School of Gaming</u>	XAMK UAS	August

Other Short-term Programmes		
<u>Kansalaisopistot</u>		Throughout the year
<u>List of Summer Universities</u> (in Finnish)		

4. 生活費 / Fees and costs

(updated 2024/10)

- 学費：年間8 000～20 000€（1.300.000円～3.200.000円）
- 家賃：都市とアパートによる。
例：HOAS（ヘルシンキ地区学生寮）では
 - シェアアパートでの部屋は一ヶ月268～430€（44 000円～70 600円）
 - ワンルーム・アパート 387–825€（63 500円～136 000円）
- 生活費：1ヶ月約800～1000€（130 000円～160 000円）
 - 食費、宿泊費、旅費を含む
- 学生自治会会費（総合大学）
年間約55～75€（8 800円～12 000円）
- Tuition fees: 8000–20000€ per year (1.300.000—3.200.000¥)
- Rent: Depends on the area and type of apartment
Example: At HOAS (Helsinki area student housing)
 - Room in a *shared flat*: 268–430€ (44 000–70 600 ¥)
 - *Studio*: 387–825€ (63 500–136 000 ¥)
- Monthly living costs: 800–1000€ (130 000—160 000 ¥)
 - Including food, accommodation, and travel
- Student union fees (universities): 55–75€ per year (8 800—12 000 ¥)
- Student healthcare fee: 35€/term, 70€/year. (5600-11200¥)

参考：<https://www.studyinfinland.fi/funding-your-studies/fees-and-cost-living>



4. 奨学金に関する情報 / Scholarships

① フィンランドの出願大学からの授業料免除・減免

対象：EU/EEA圏外の正規留学生

申請方法：出願時に応募。合格通知受理時に減免%通知



Scholarships in Finland

② 日本の制度を利用（大学内外）

対象：正規留学、1年間の留学など様々で奨学金制度による

① Scholarship from Finnish university

Who can apply: Degree students outside the EU/EEA area

Application method: Applied at the same time as you apply to the university.

Results are informed together with the results of university application

② Japanese scholarship (from your university or other organizations)

Who can apply: Depends on the scholarship.

There are various for degree students, exchange students etc.



Scholarships in Japan (JASSO)

5. ウェルビーイング Well-being for Students

- **Finnish Student Health Service (FSHS)**
 - Found in all cities/towns in Finland with a higher education institute
 - Service place according to place of study
- **正規学生への無料のヘルスケア
Free health care for degree students**
 - Health examination
 - Oral health examination
 - Travel health advice
- **メンタルヘルスサービス
Mental health services**
 - Basic psychological examinations
 - Mental health group activities and guided self-care



Photo: pixabay.com

5. ウェルビーイング Well-being for Students

大学のスポーツサービス

University sports services by e.g. UniSport
(Universities in the Helsinki area)

- **様々なスポーツと運動**
Various forms of sports and exercises (Gym training, group exercises, ball game groups and online exercises)
- **休憩時間のストレッチエクササイズ**
15 minutes break exercises
- **無料のエクササイズ動画**
Exercise videos available for free at the University sports centres' websites



Photos: pixabay.com



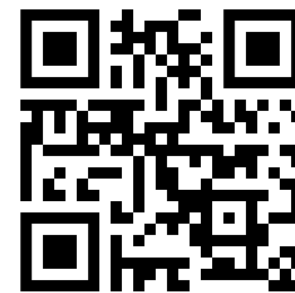
➤ **Well-being for everyone!**

お問い合わせ *Inquiries*

ビザに関すること：フィンランド大使館
For visa related matters: Embassy of Finland in Tokyo



滞在許可および関連事項に関すること：フィンランド移民局（Migri）
For residence permits and related matters: Finnish Immigration Service (Migri)



KIITOS PALJON!
ご清聴ありがとうございました！
science@finstitute.jp

Find out more – Follow our webpage and social media channels!



<https://finstitute.jp>



[@finstitutejapan](https://www.facebook.com/finstitutejapan)



[@finstitutejapan](https://www.instagram.com/finstitutejapan)





With people,
building a sustainable tomorrow

Presentation on 28th of April, 2025 by Maiju Liski, Planner in Humak Admissions Services

Humak University of Applied Sciences

– in numbers

2500 degree students

160 employees

6 campuses + online teaching

3 educational focus areas:

The Humanities | Interpreting (Bachelor's & Master's Degree)

Arts and Culture | Cultural Management (Bachelor's & Master's Degree)

Health and Welfare | Community Education (Bachelor's & Master's Degree)

4 guiding values:

Community | Responsibility | Equality | Humanity



Helsinki, Jyväskylä, Kauniainen,
Kuopio, Tampere and Turku

Bachelor's level programmes

- **Community Educator,** NGO and Youth Work
- **Community Educator,** Workplace Development
- **Bachelor of Humanities,** Community Educator, Adventure and Outdoor Education (studies in English)
- **Cultural Manager**
- **Interpreter,** Sign Language Interpreting
- **Interpreter,** AAC Interpreting and Instruction





HUMAK[®]

Master's level programmes

- **Community Educator**
- **Cultural Manager**
- **Interpreter**
- **Master of Humanities,
European Master in Sign Language
Interpreting (studies in English)**

Adventure and Outdoor Education studies

Bachelor of Humanities 210 ECTS

3.5 years of studies

- Helsinki campus and on-site studies in nature; Authentic learning environments, such as lakes, the sea, forests, and Northern fells.
- Learn how to plan & carry out safe adventure educational experiences
- Learn communicative, interactive, and methodological skills





We are specialists in promoting the growth and wellbeing of individuals, groups and communities.

ADVENTURE EDUCATION

What can I do with my degree?

Community educators specialising in Adventure Education work in:

- Youth work
- Non-governmental organizations (NGOs)
- Education
- Wellness and wellbeing services
- Nature and adventure -based entrepreneurship

-> Our student Ayaka will tell more next!

HUMAK[®]



@humak_adventure





Moi!
こんにちは!
Hello!
你好!

自己紹介

出身: 日本

場所: エスポー

専攻: Adventure and Outdoor Education

趣味: スキー, クライミング

HUMAK[®]





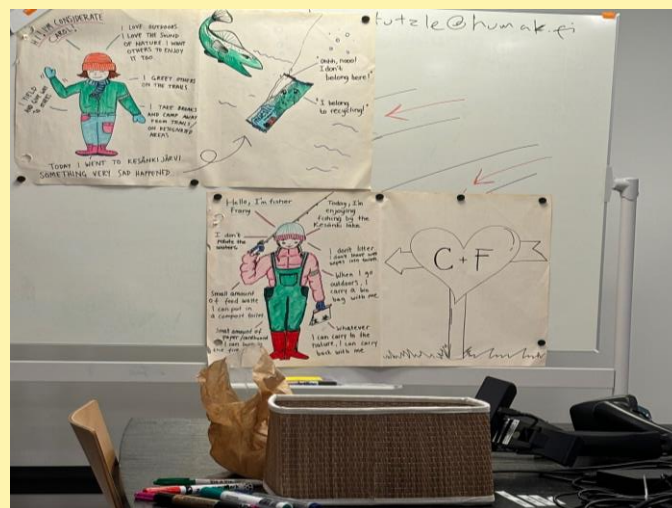
どうしてフィンランド？

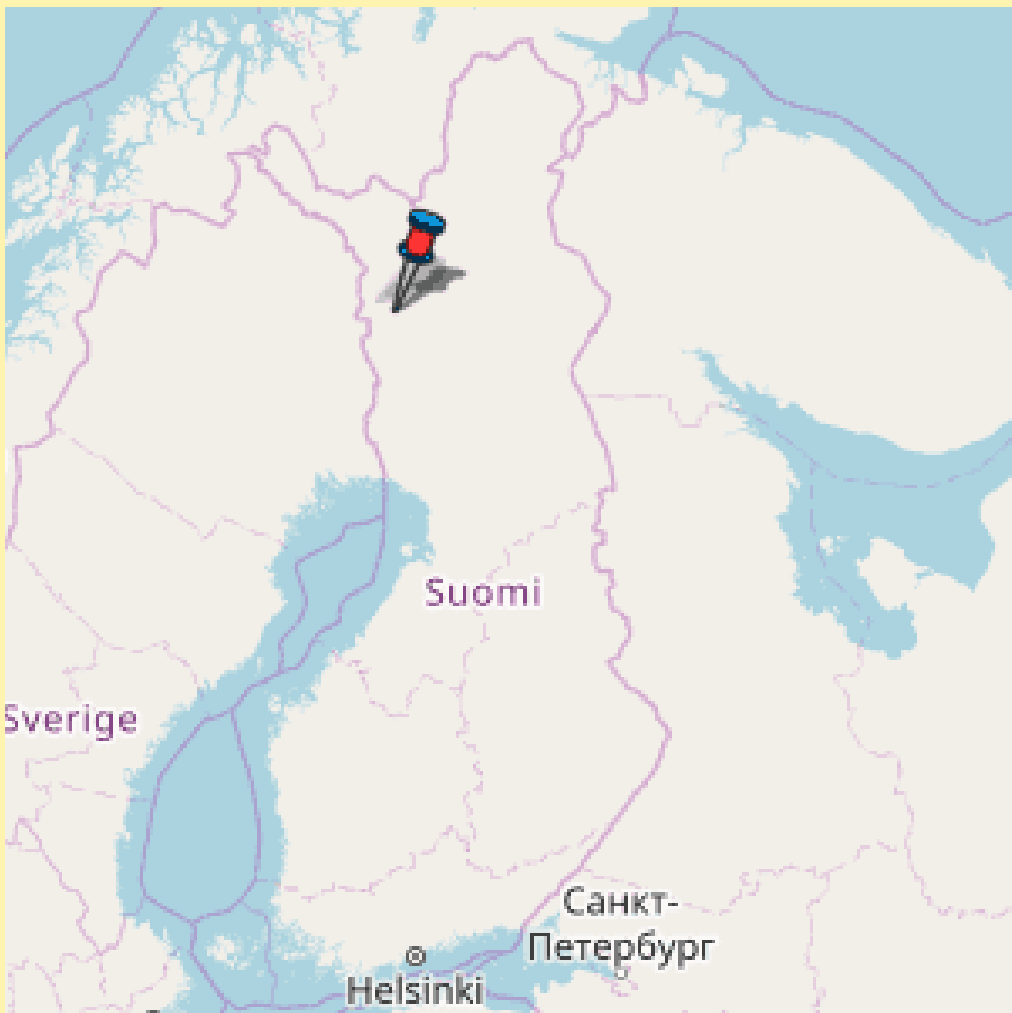
- 教育&幸福な国

どうしてフHUMAK？

- 冒険教育のプログラム (3.5年間)

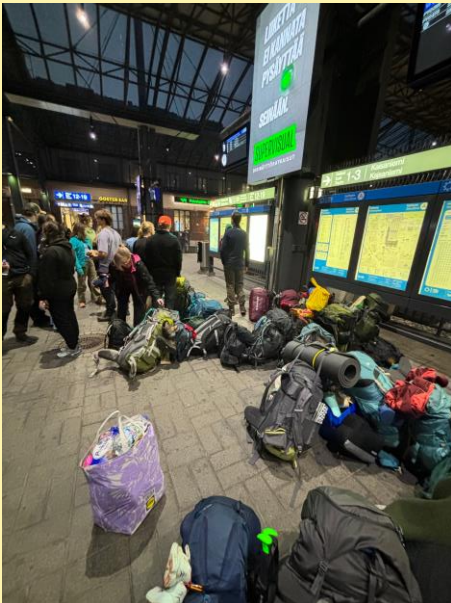
“Silta”にお世話になりました！





Expedition in Äkäslompolo

- 約2週間
- ハイキングとMTB
- 実践的な学び



ロバニエミでバン生活？！



スキーのインストラクターの資格取得
HUMAK[®]

- ・ エラスムス(ヨーロッパの留学制度)がある！
- ・ 全てがとても自由！



苦勞したことは？

- ・ 家がない？！
- ・ 書類関係
- ・ フィンランド語
- ・ 日本人がいなかった



TIPS

- 諦めない
- 助けをもとめる
- 銀行開く



@_ayakaeevi727

質問などあれば！！！！

Kiitos paljon!

HUMAK[®]



How to apply?

- Applications are held yearly in January
- The next joint application is in January 2026, studies begin in September 2026
- Read more about the studies and tuition fees at [Humak's Adventure and Outdoor Education website](#) and [Bachelor's Degree in Adventure and Outdoor Education](#)

Are there any study opportunities already for 2025?

- Supplementary application round is organized if there are study places left after the main application period
- Studies begin in September 2025
- Updates will be posted on Humak websites and on [Studyinfo](#) portal





どうもありがとうございます。
Thank you!

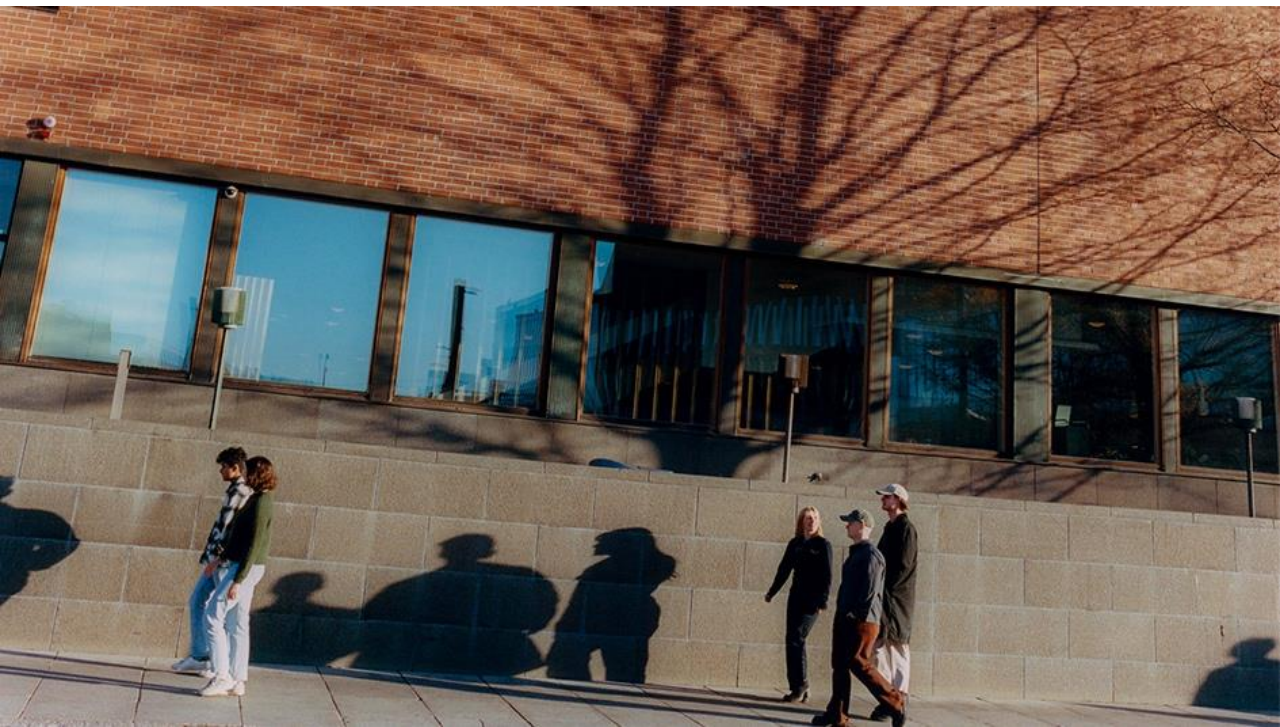
Admissions Services will gladly answer any questions

+358 29 451 9300 (Mon – Thu 13.00-15.00)

admissions@humak.fi

Study in Finland!

Welcome to Aalto University



An aerial photograph of a city, likely Helsinki, Finland, taken during sunset. The sun is low on the horizon, casting a warm orange glow over the city. In the foreground, there are several large, multi-story apartment buildings with red and blue roofs. A prominent circular building with a green dome is visible in the center. To the left, a body of water is visible, with a bridge in the distance. The city extends to the horizon, with various buildings and greenery.

**Finland scores high in international comparisons in
quality of education, safety and quality of life.
As a place to study and live, it's hard to beat!**

Finland is also...

- A green and innovative country
- A world leader in information technology, business, design and many other academically centred fields
- A safe and well-functioning society
- A European Union (EU) country

Fun fact: we have 188 000 lakes!

A!



You might know...



Studies in Finland (1/3)

Academic staff is easily approachable

Regardless of status or position, you can call people by their first names. You might even see Finland's leaders or a famous person waiting in line at the grocery store or grabbing coffee at the market!

Safe, practical and organised

Here, things are safe, punctual and well-organized. Finns like things practical. Public transport is almost always on time, and we're really good at waiting in line!

A!



Studies in Finland (2/3)

Everyday life runs smoothly with English

No worries! In Finland, most Finns speak English really well, so you'll be just fine even without Finnish skills. And guess what? Finland is bilingual, meaning a lot of people speak both Finnish and Swedish!

Student-friendly community

In Finland, student culture is not just about academics; it encompasses a vibrant social scene, with student organizations, clubs, and events playing a central role in shaping the university experience.

A!



**Aalto University is
a multidisciplinary
community of
bold thinkers
where science and
art meet
technology and
business.**

A!



We embarked on a mission

By merging three leading universities in 2010, Aalto was founded to work as a societally embedded, and innovative research university for a better world.

Aalto has a national mission to strengthen Finland's innovative capacity through first-class research and education

1849

Helsinki University of Technology

1871

University of Art and Design Helsinki

1911

Helsinki School of Economics

Aalto
University
2010

Our purpose: Shaping a sustainable future

Aalto University is founded on high-quality research, education, impact as well as shared values of responsibility, courage and collaboration.

Our combination of science, art, technology and business is uniquely poised to solve global challenges.

We foster radical creativity and entrepreneurial thinking in search of the solutions which will shape a sustainable future for all.



Our community in numbers

13 900 degree students
(full-time equivalent)

Over **100 000** alumni

A staff of nearly
4 900 of which over
413 are professors.

A!



Each year our students earn about
210 doctoral degrees,
2 000 master's degrees,
1 500 bachelor's degrees and
300 MBA and Executive MBA certificates

Three fields with a diverse programme selection

Art, Design, Architecture

As the world moves towards increasingly unpredictable times, creative skills and solutions are more necessary than ever. The expertise of designers and other creative professionals is especially suited to exploring the complex issues of our time. Aalto ARTS has been educating creative professionals for more than 150 years.

Business & Economics

Studying business prepares graduates for jobs where they can make an impact on business and society. Research and education in the field focuses on societally important areas, such as sustainable business, digital business models, and data-driven decision making. Business studies have a strong heritage stretching back to 1911 when the Helsinki School of Economics was established.

Science & Technology

Studying science and technology opens doors for many different work paths. At Aalto, you can create solutions for sustainable development, advance people's wellbeing with technology, design more sustainable cities, environments and appliances, and much more. We have educated technology professionals for over 170 years.

Six dynamic schools

School of Arts, Design and Architecture architecture, art and media, design, film

School of Business accounting and business law, economics, finance, information and service management, management studies, marketing

School of Chemical Engineering bioproducts and biosystems, chemical and metallurgical engineering, chemistry and materials science



School of Electrical Engineering electrical engineering and automation, electronics and nanoengineering, information and communications engineering

School of Engineering built environment, civil engineering, mechanical engineering

School of Science applied physics, computer science, industrial engineering and management, mathematics and systems analysis, neuroscience and biomedical engineering

**High quality research and
education with impact**

#1

in Finland
(QS World University
Rankings 2024)

#113

globally
(QS World University Rankings 2024)

A!

#21

**in university-industry
collaboration globally**
(Leiden Ranking Industry
Collaboration 2023)

#47

**most international
university in the world**
(THE Most International
Universities Ranking 2023)

Globally attractive programmes

Top-class education at all levels - bachelor's, master's and doctoral - in the fields of science and technology, arts and design, business and economics.

A wide range of studies combining our fields. Students are encouraged to explore and broaden their horizons by attending multi-disciplinary courses.

Our mentoring programme connects alumni and students so they can learn from one another.

A!



~ 90 Master's programmes

9 Bachelor's programmes

6 Doctoral programmes

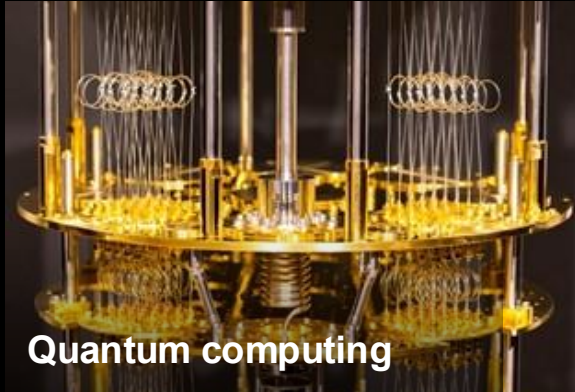
Nine study options in English

- **Bachelor's Programme in Design and Media**
- **Bachelor's Programme in Economics**
- **Bachelor's Programme in International Business**
- **Bachelor's Programme in Science and Technology**
 - Chemical Engineering
 - Computational Engineering
 - Computer Engineering
 - Data Science
 - Digital Systems and Design
 - Quantum Technology

<https://www.aalto.fi/en/study-options>



Home of creativity, exploration and innovation



Quantum computing

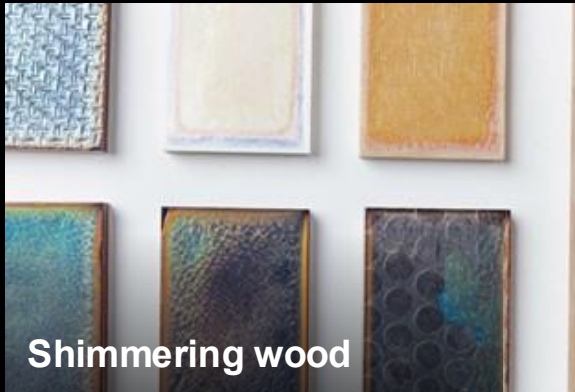


Alusta pavilion



Design Factory platform for challenge-driven education

Every year, Aalto community produces innovations and designs prototypes that could improve our lives in the future.



Shimmering wood



Flower leather



Lignin coatings



Meliora game to treat depression

Vibrant entrepreneurial community

Low-hierarchy culture with empowered students is the driving force behind the entrepreneurial ecosystem

Students are encouraged to think and learn like an entrepreneur by integrating entrepreneurial courses into all fields of study

Support student-driven activities by providing spaces and funding

100

companies founded every year
in our ecosystem

50%

of Finnish startups founded in
universities come from the Aalto
community

Student life

Aalto University Student Union AYY

- Warm and open community
- 200+ student organisations within AYY
- Hobbies, events and activities for every day of the year!
- Student advocacy services
- Opportunities for networking and career development





Student events and celebrations are among the most cherished traditions in Finnish universities. They bring together students from various fields and cities across the country.

Career support

Aalto Career Design Lab supports Aalto students and alumni with career design and connects employers with Aalto talent.

You have access to training, classes, a mentoring programme, coaching, online resources, job fairs, career events with alumni, and more.

96% of Aalto Master's graduates think that their degrees are valued by employers.

A!



Campus – home of Aalto community

Our vibrant and well-connected campus, less than a 15-minute metro ride from the Helsinki city centre, enables inspiring, engaging and secure learning spaces and creative infrastructure solutions.

Accessibility and carbon neutrality are at the core of our campus vision.

A lively university campus in Otaniemi, Espoo, houses schools, housing, kindergartens, startups, research institutes, offices and two shopping centres, and attracts students, personnel and partners worldwide.

A!



Virtual campus tour: <https://virtualtour.aalto.fi/>





Admission to Bachelor's programmes in English at Aalto University

Application process to Bachelor's programmes

1

Read the admission criteria on Studyinfo.fi

2

Book an SAT or ACT test (if needed)

3

Submit an application at Studyinfo.fi (January)

4

Submit your study certificates
Or
Submit your SAT/ACT test results (if needed)

5

Wait for the publication results

Admission requirements to Bachelor's programmes

General eligibility to apply

You need to have completed or to complete during the year you apply **an upper secondary education that gives access to university-level studies** in the country in question (e.g. a high school diploma)

Is SAT/ACT required or not?

If you have completed, or will complete:

- Finnish matriculation examination,
- IB or EB diploma, or
- DIA or RP diploma completed in Finland

an SAT or ACT test score is not compulsory.

Otherwise, it is required!

Admission is based on grades (one of the degrees listed above) or SAT/ACT test results

Tuition fees and scholarships

Tuition fees

Students from outside the EU, EEA or Switzerland studying in bachelor's or master's programmes taught in English are liable to pay tuition fees.

Master's programmes	Tuition fees for students starting after 1 August 2025	Bachelor's programmes	Tuition fees for students starting after 1 August 2025
Field of Business	€15 000 per academic year	Field of Business	€12 000 per academic year
Fields of Art & Design and Architecture	€20 000 per academic year	Field of Art and Design	€15 000 per academic year
Field of Technology	€17 000 per academic year	Field of Technology	€12 000 per academic year
Multidisciplinary programmes*	€17 000 per academic year		



*Aalto University multidisciplinary master's programmes are: Creative Sustainability, International Design Business Management and Urban Studies and Planning.

Scholarships

Aalto University offers a small number of scholarships to fee-paying students.

- **Aalto University Excellence Scholarships** are merit-based and are granted on a competitive basis to the highest-achieving applicants based on the programme's evaluation criteria. Aalto University Excellence Scholarships are awarded as tuition fee waivers. Please note that these scholarships are highly competitive!
- **Discount on tuition fees for new bachelor's students for early acceptance of an admission offer (Early Bird Discount)**
New bachelor's students will receive a 25% reduction on the tuition fee for their first academic year if they accept their admission offer and pay the tuition fee within a separately specified time period after receiving the offer.
- **Scholarships for graduates from Aalto's bachelor's programmes who continue in master's programmes**
The scholarship is granted as a 100% tuition fee waiver for the target time frame of a master's degree. The target time for completing a master's degree is two years. Detailed criteria will be published later.

More information on Tuition fees and scholarships:

www.aalto.fi/en/admission-services/scholarships-and-tuition-fees

Applying for a scholarship

Applicants who are liable to pay tuition fees can apply for scholarships when applying to a bachelor's programme, using the same application form.

Scholarships are awarded to applicants based on the same criteria as the admission to the programmes. The highest-performing applicants may be awarded a scholarship.



Stay connected with us!

Coffee with the Squad & Unibuddy

Aalto student ambassadors host a virtual coffee session every Friday. You can also chat with our international students

here: <https://www.aalto.fi/en/study-at-aalto/chat-with-aalto-students>

Newsletter

To stay updated on important news, application deadlines, and exciting events at Aalto:

<https://aaltouniversity.leadfamily.com/sign-up-for-our-newsletter>

Feel free to contact us at admissions@aalto.fi



Scan the QR code and discover what student life looks like!



Instagram: [@aaltouniversity](https://www.instagram.com/aaltouniversity)

YouTube: [@aaltouniversity](https://www.youtube.com/aaltouniversity)

28.4.2025

Q&A



A!



METROPOLIA UNIVERSITY OF APPLIED SCIENCES

28.04.2025





Degree programme videos (English offering)

<https://www.youtube.com/watch?v=WR23JGXyT4c>

<https://www.youtube.com/watch?v=0sm1d4ct-Og>

<https://www.youtube.com/watch?v=n29BquZYU1w>

<https://www.youtube.com/watch?v=g1dXdMlfqzA>

Brand video:

<https://www.youtube.com/watch?v=80vSkI8UiRM>



TOP REASONS TO STUDY IN FINLAND AND METROPOLIA

LOCATED IN THE CAPITAL AREA HELSINKI

- Great opportunities to work beside your studies and after graduation.
- Excellent employment rate at the capital area & competitive salaries.
- Two years stay-back after graduation.



THE LARGEST UAS IN FINLAND

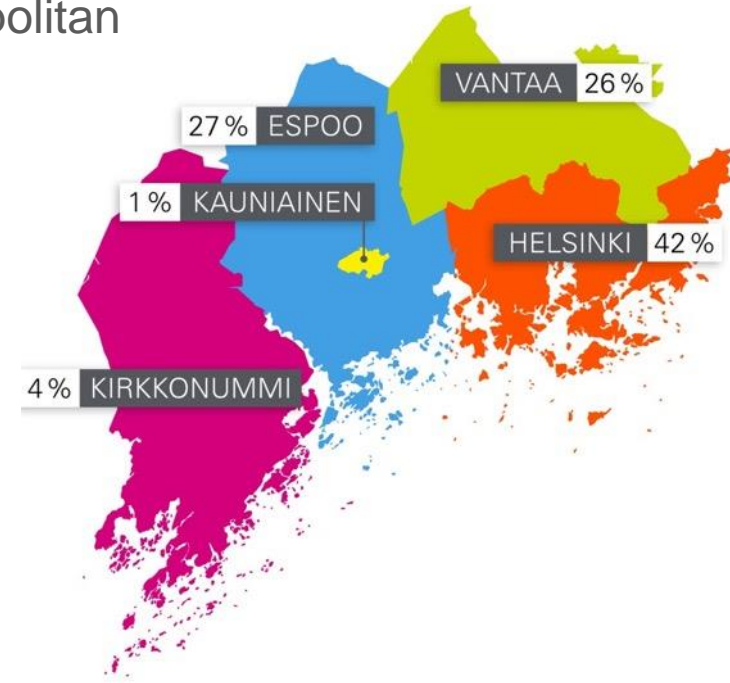
- For many years in a row, most popular UAS in Finland in terms of applicants.
- One of Finland's largest English Degree Program offerings in Business, Culture, Technology, and Health Care & Social Services.
- Four safe campuses with modern learning environments; good public transport connections between campuses, capital city Helsinki and airport.
- Scholarship system supports the ones motivated in learning Finnish language.
- Top-notch RDI projects & strong industry collaboration





METROPOLIA IN BRIEF

- The largest University of Applied Sciences in Finland
- Four fields of education: Business, Culture, Health Care and Social Services, Technology
- Year 2023 students 17 473, staff 1054
- Metropolia UAS Ltd. is owned by municipalities of Helsinki Metropolitan area and Kirkkonummi.
- Turnover in 2023 was EUR 121,8 million.
- Audited in 2022 by Finnish Education Evaluation Center KARVI



ONE METROPOLIA – FOUR CAMPUSES IN THE CAPITAL HELSINKI REGION

Myyrmäki Campus: Campus for Sustainable Technology and Business

- Business Informatics (MBA studies)
- Technology

Arabia Campus: Culture Campus

- Culture

Karamalmi Campus (former HQ of NOKIA)

- Technology / ICT

Myllypuro Campus: Builders of Wellbeing

- Health Care & Social Services



COLLABORATION PLATFORMS ENABLE OPERATIONS AS AN ECOSYSTEM



Metropolia Proof Health

Pre-clinical testing, validation and verification services



HyMy-Village

Wellbeing and health services



Turbiini

Pre-incubator



Creative Dimension

Open collaboration platform for cultural and creative fields



Urbanfarmlab

Urban Indoor Food Platform



SmartLab

Smart home



CuWeRe

Cultural wellbeing research and education centre



Helsinki XR Center

Augmented reality center



Garage

Robotics and artificial intelligence workshops



Metropolia Workshop

Automotive and transportation project development



Carbon Garage

Learning and project space for sustainable development



FOUR MAIN STUDY FIELD IN FINLAND'S LARGEST UAS

Technology & ICT



7 English Bachelor's Degrees (2025)
6 English Master's Degrees

Culture



1 English Bachelor's Degree (2024)
1 English Master's Degree

Health Care & Social Services



7 English Bachelor's Degrees (2025)
4 English Master's Degrees

Business



2 English Bachelor's Degrees
3 English Master's Degrees

See all English Bachelor's Degrees at Metropolia: <https://www.metropolia.fi/en/academics/bachelors-degrees>

See all English Master's Degrees at Metropolia: <https://www.metropolia.fi/en/academics/masters-degrees>

STUDENT SUPPORT SERVICES PROVIDED BY METROPOLIA

- **International UAS:** over 400 partner universities
- **Student wellbeing services**
 - Student wellbeing advisor
 - Study psychologist
 - Student well-being coaches
 - University Chaplains
 - Study counselors
- **Student health care services** provided by Finnish Student Health Service (YTHS)
- **Gym facilities** on campuses
- **ZONE sports membership** (approx. 60 euros per season)
- **Student association METKA** arranging various activities
- **Affordable student housing** (i.e. HOAS Foundation for student housing in Helsinki region))
- **Discount on student meals** on campuses (cost 2,95 euros per meal)
- **Discount on public transportation tickets** (Helsinki Regional traffic 40 %)



EARLY BIRD DISCOUNT FOR STUDENTS

Metropolia's Early Bird discount: (studies starting in 8/2025)

Metropolia offers an Early Bird discount on the tuition fee of the first study year's second academic term for applicants who accept their study places no later than 14 days after the announcement of the student selection by 3 pm (local time in Finland). The applicant must pay the tuition fee within the deadline announced by the university of applied sciences.

The Early Bird discount is 1.000 €.

Early bird discount is not applicable to transfer students, students selected through Open UAS or through Pathway studies.

METROPOLIA'S SCHOLARSHIP

Metropolia provides scholarships for students coming out of EU / EEA countries, who are required to pay the tuition fee.

The Metropolia scholarship is awarded based on Finnish language courses and a national Finnish language level test YKI ([National Certificates of Language Proficiency, YKI](#)).

Bachelor's Degree programmes

The scholarship can be granted once per academic year, max 3 times during the studies

- Grant 1: Finnish 1 and 2 courses completed with grade 3 or above **1.000 €**
- Grant 2: Finnish 3 and 4 courses completed with grade 3 or above: **2.000 €**
- Grant 3: Intermediate B1 (YKI 3 level): **3.000 €**

Master's degree programmes

The scholarship is based on official YKI Exam.

The amount of the scholarship depends on the level of YKI.

- Basic A1 (YKI 1 level): **1.000 €**
- Basic A2 (YKI 2 level): **2.000 €**
- Intermediate B1 (YKI 3 level): **3.000 €**

The scholarship can be granted once per study time.



National Joint Application - <https://www.metropolia.fi/en/academics/applying/joint-application>

Usually in January /September for two weeks

- Most Bachelor's degree programs in English use UAS Exam as selection criteria
- English language certificate required
- Application fee 100 euros

Separate application period - <https://www.metropolia.fi/en/academics/applying/separate-application-for-international-degree-programmes>

Note: in some degree programs the application period is shorter - open only for Metropolia!

- The Separate Application for International Degree Programs is only for English language degree programs.
- Eligibility requirements: eligibility requires that the applicant has completed a foreign education that qualifies for higher education in the country concerned.
- The separate application uses different routes for admission, e.g.
 - Admission based on SAT; GRE; GMAT
 - Pathway studies (Metropolia Tech Pathway, UAS Pathway, Edunation Pathway)
 - Entrance Exam Interview for some Top-Up degree programs
 - Special Affiliation agreements with partner

Metropolia on social media

[Blog](#)

[Facebook](#)

[Instagram](#)

[LinkedIn](#)

[X](#)

[YouTube](#)

[MetroPodia](#)





My Journey to Finland and Metropolia フィンランドとMetropoliaでの私の旅

Khanh Tran - Metropolia University of Applied Sciences



Introduction

ENGLISH:

My name is Khanh, from Ho Chi Minh City, Vietnam. I'm a Business student at Metropolia UAS and currently doing my internship in the Education Export Team.

Today, I want to share why I chose Finland, why Metropolia, my experiences, and how my life has changed.

JAPANESE:

ベトナムのホーチミン市出身のカンと申します。
Metropolia応用科学大学でビジネスを専攻し、教育輸出チームでインターンをしています。
今日は、私がフィンランドを選んだ理由、Metropoliaを選んだ理由、実際に体験したこと、そしてそれによってどのように人生が変わったのかについて、お話しさせていただきます。



Why Finland?

When I first thought about studying abroad, Finland was not my first choice.

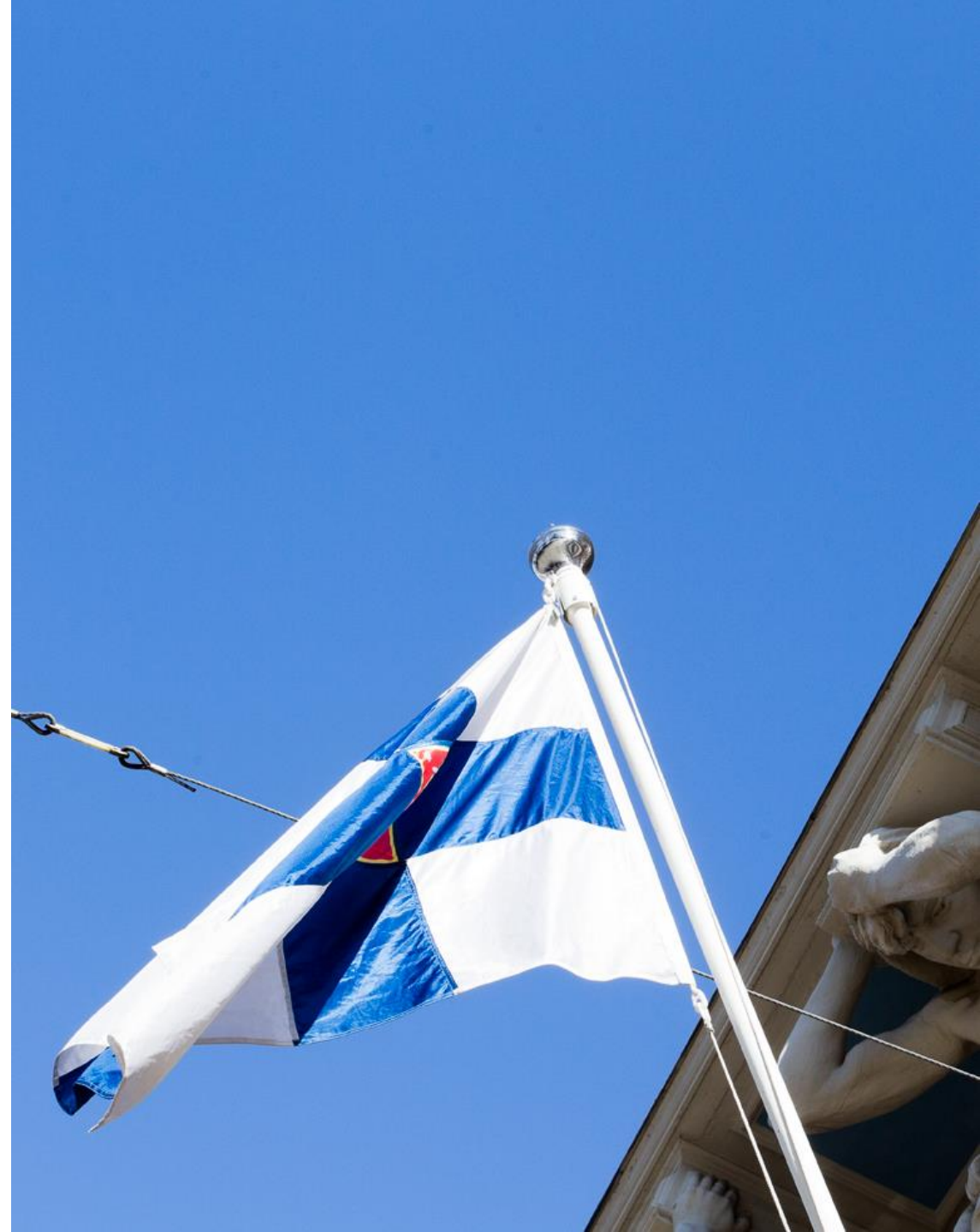
Like many students, I first thought about places like the US, the UK, the more "popular" countries.

But by chance, I came across an article about Finland - the happiest country in the world, with one of the best education systems.

That article made me curious.

Why are people in Finland so happy? What makes their education so good?

So I started reading more. The more I read, the more I felt connected.



Why Finland?

Finnish education focuses on personal freedom, critical thinking, creativity, and real understanding, not just memorization.

Finland is more affordable compared to countries like the US or Australia, while still offering very high-quality education.

People in Finland value nature, honesty, kindness, and equality.

Finland made me feel that it could be a place where I would be respected, could learn freely, and maybe even find a second home.



Why Finland?

But reading articles and living reality are two very different things.

Before I moved here, I had a lot of fears and doubts.

It's easy to see beautiful pictures and read about happy students, but reality can be different.

And when I first landed in Finland, everything felt overwhelming.

But looking back, I'm so glad I took the risk, because everything I hoped for, and even more, turned out to be true.



Why Metropolia?

When I decided Finland was the country I wanted, the next big question was: Which university?

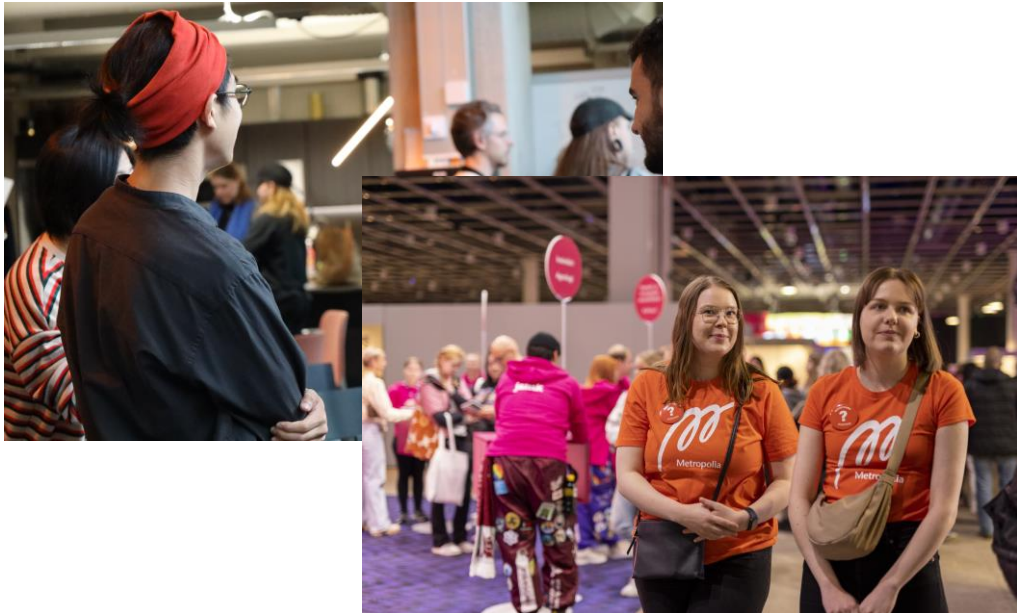
At first, I only thought about traditional universities, because that's what I was used to. I was not familiar with the University of Applied Sciences system here.

But as I researched more, I found that UAS focus more on practical learning, connecting studies to real working life.

I wanted to learn things that I could apply to my career, so UAS was my best choice.

Among many good options, Metropolia stood out to me because of very real, practical reasons.





Why Metropolia?

Metropolia is the largest UAS in Finland, which means there are a lot of different fields of study, many company connections, and a big international community.

The campuses are located in the capital region, so they're very easy to reach by metro, train, or bus, and even though you're close to city life, you're still surrounded by nature.

Metropolia also has very strong ties with industries, especially in technology, business, healthcare, and design.

They focus on helping students build their careers, with internships, real-world projects, mentoring programs, and strong job support.

So I applied to Metropolia, and that's where my journey began.



My Life in Finland

When I arrived in Finland, I felt overwhelmed.

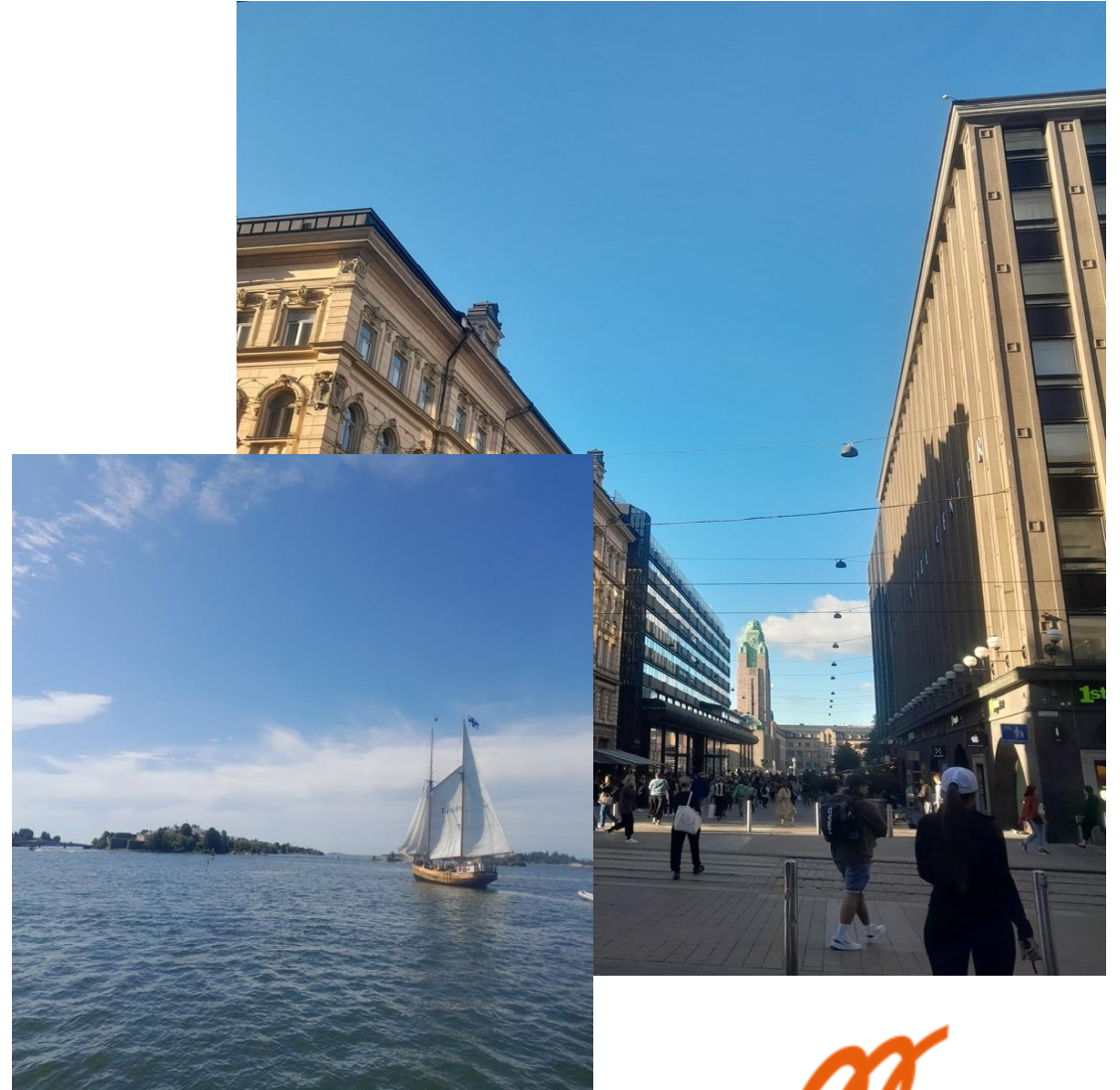
Everything was different - the people, the language, even simple things like taking a bus or buying food is a challenge for me.

Even though many people in Helsinki speak good English, I was still nervous to talk to strangers.

What made a huge difference was the people.

Finnish people may seem quiet at first, but when you ask for help, they are incredibly kind and supportive.

I received so much support, especially from Metropolia, when I first moved here.



My Life in Finland

There were orientation days just for international students, where they explained everything: about studies, daily life, and Finnish culture.

We had student tutors, senior students who volunteered to help new students like me. They helped us figure out all the small, confusing things.

And Metka, the student union, organised so many activities: city tours, sauna nights, hobby clubs, sports tournaments, and trips for everyone, both international and Finnish students, to get to know new people.

I'm very shy and quiet, so I was afraid I wouldn't make any friends.

But everyone was very friendly and inclusive. They made me feel comfortable opening up and being myself.

And now, I have made many friends from around the world, including Japan.



My Life in Finland

Classes at Metropolia were also very different from what I was used to.

We have lots of discussions, real projects with companies, company visits, and innovation challenges.

Teachers are very open. You can talk to them any time, not just about classes, but also about your career, your ideas, even your worries.



My Life in Finland

Metropolia also supports students in finding jobs through career workshops, job fairs, mentoring programs, and real company connections.

Finnish language classes are also included in our curriculum to help us better integrate into life here.

And most importantly, Metropolia really cares about students' mental health and well-being.

There are free webinars, workshops, and events to help us stay connected and supported.

And thanks to Metropolia's Trainee Program, I'm now doing my internship inside Metropolia's Education Export team. That's why I'm here today, sharing my journey with you.

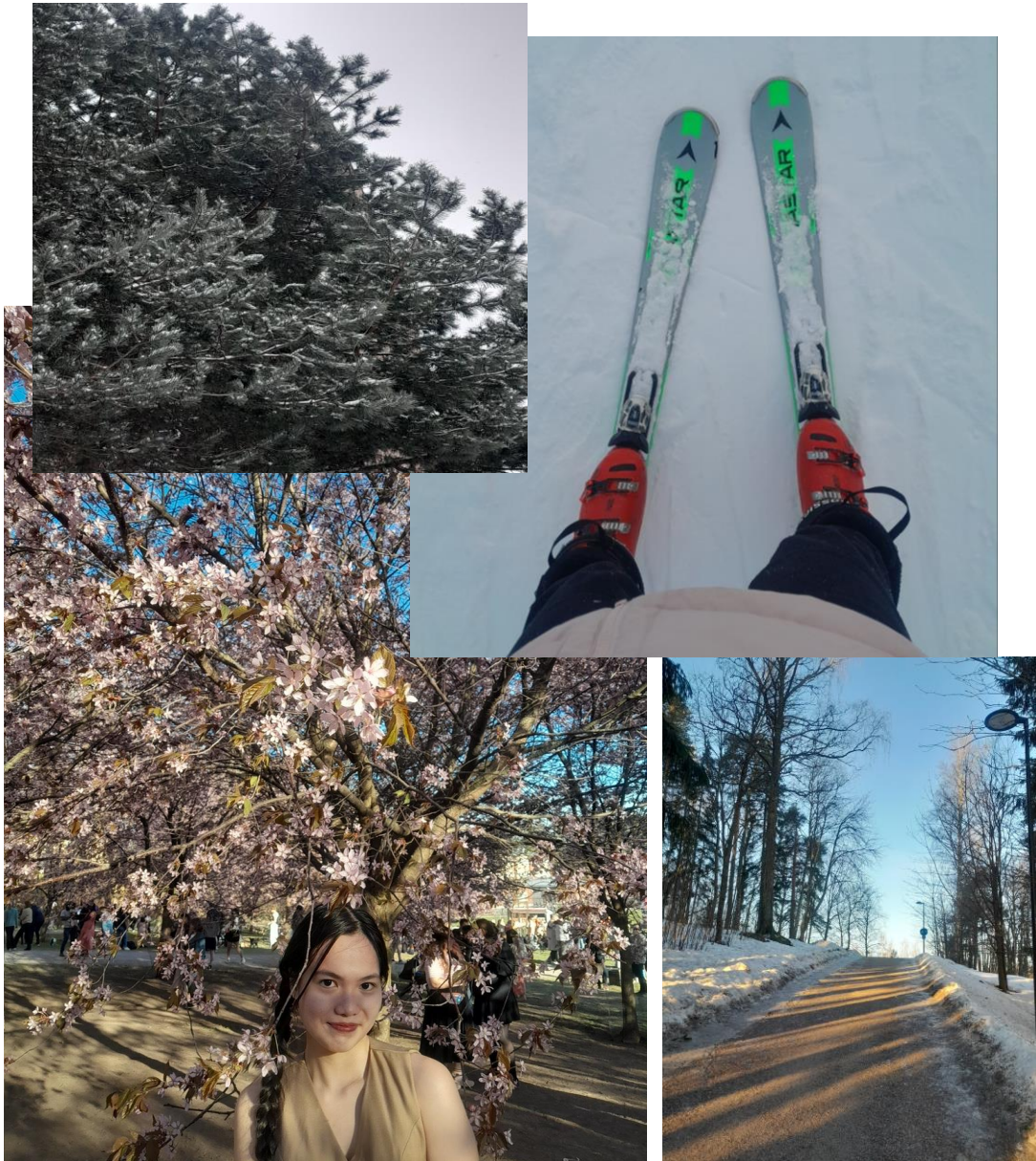


How My Life Changed

Studying in Finland gave me so much confidence.

I learned to speak up, to express my ideas, to work in diverse teams.

And being here, sharing this with you all today, these are things I could never have imagined myself doing two years ago.





A Message to You

If you're thinking about studying abroad somewhere you can really grow, really live, and really discover who you are. I truly, from my heart, recommend considering Finland.

And if you want a place that will support you, include you, and help you prepare for your future. Metropolia could be the place where your journey begins, just like it did for me.



Thank you so much for listening to my story.

今日は、拙い話でしたが、最後まで聞いてくださり、本当にありがとうございました。